



# FORGIVE THEM FOR THEY KNOW NOT WHAT THEY DO



**UNIFIED FIELD OBJECTIVE**



Mary (Linda) McKenzie Coombes  
**INFINITY WITHIN GOD**

# **FORGIVE THEM FOR THEY KNOW NOT WHAT THEY DO**

**Mary (Linda) McKenzie Coombes**

**AUTHOR**

**My U.F.O. Experience**  
**UNIFIED FIELD OBJECTIVE**

**INFINITY WITHIN GOD**

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**ASCENDED MASTER**  
**MARY LINDA COOMBES**

***Now Serving All Humanity on His/Her  
Majesty's Service***

***Of Divine Love, Truth and Wisdom***

***Through Direct Sharing of Thoughts of  
Understanding and Guidance with  
The Holy Guardian Angel – GOD Within***

## **Isaiah 54:17**

*No weapon that is formed against thee shall prosper, and every tongue that shall rise against thee in judgment thou shalt condemn. This is the heritage of the servants of the Lord and their Righteousness is of me, saith the Lord.*

## **DEDICATION OF THIS BOOK**

*This book is dedicated to the one hundred and forty four thousand Lightworkers of The Galactic Federation of Light forces for their tenacity and faithfulness which resulted in the necessary shift in planetary consciousness on the Our Planet, Earth Urantia Shan.*

*Thank you, from the future generations of the children to come. Praise Jah!*

## **THANKS AND ACKNOWLEDGMENTS**

*FIRST AND FOREMOST I THANK MY  
MOTHER/FATHER Most High CREATOR  
..Jah Ras Tafari...GOD.*

*I would also give Love and special appreciation to  
my parents Earl C. McKenzie and Margaret  
M.(Kelly)McKenzie.*

*My husband, My Love, John (Jackie) Aulden  
Coombes.*

*Dearest Friend My eldest son Jason Two Eyes (El  
Christos One Ayin) DeCoste, webmaster and  
co-lightworker at 'Ancient Sacred Teachings of Men  
and Angels'.*

*Friend and life teacher Kenzie Jonathan Coombes,  
second son.*

*Friend and life teacher John (Christian) Coombes,  
third son.*

*Friend and life teacher Daughter-in-law, Lindsay  
Noelle Mac Neil.*

*Dearest Anne Isabelle (Mac Donald) De Coste, for  
Loving me. Thank You.*

*My Christ family Brother/Christ Father Rev. Jerry  
Markham.*

*Sister and co-lightworker friend Our Lady Bishop  
Peggy Lee Webb Markham.*

*My Great Inspiration, Sovereign Sister Dr. Winifred  
Grace Barton(Author- Cosmic Cube),without whom*



*this' Shared Works' would not be possible.*

*Supreme Buddah Santana Westbrook and staff  
(Truth Seekas K.P.F.K F.M. California).*

*Akili Hight, Poet and Writer (Welcome To My  
Universe).*

*Daija, Desirah, Destiny and Tobis - Blessed angels  
of our infinite future.*

*Ascending child of GOD, Gomisindo Rivera of  
California (May you be comforted By Inner Peace).*

*Also ALL whom may have supported me in Love and  
Acceptance through the process of 'Shared Works'  
(They know who they are without question) not lest  
any whom have contributed to 'Ancient Sacred*

*Teachings of Men and Angels' in any way - Thank  
You!*

*Canine, feline, bird friends, of course !*

*GOD Bless You ALL, All my Love and Thanks !!*

*Infinite Love and Peace,*

*Mary (Linda) McKenzie Coombes - GOD WITHIN*

## ***INTRODUCTION***

We are all on our own unique journey with many paths before us. I am aware that we are Spiritual beings having a human experience. When I was in first grade (St. John's School) I began what I now see as an amazing experience. With an awareness in which I knew God was always with me, He was my friend, my best friend. I was so conscious of Jesus's words, "Father, forgive them for they know not what they do". I believe in full Truth that I was blessed to have such insight as a little girl.

Although I may have not been any one special in

my world, I was happy to have my friend to talk to when bad things happened in my little girl world. When the death of my sister occurred, I carried her around the house, I was seven by then. This behavior didn't sit too well with my mom, I believe she thought I was a little odd and in a strange way felt hurt by my antics. It was normal for me to see my sister; it was pure innocence on my part. When I say it was normal, I mean she wasn't visually there, I knew she was with me in spirit... as we all are. She remains in my life today as all whom have remained in spirit after physical death. These parts of my personality would play a major role in my life, they would comfort me.

My book of knowledge accumulated over the years

with some screwed up experiences. My sister's death, my first molestation when I was seven, my sexual abuse at eleven, the unexpected death of my daddy at thirteen, a violent sexual attack by a family member at fourteen, the consequences of my dad's death. Consequences like my mom being institutionalized just because she was crushed by her husband's death (all she needed was someone to talk to her ...to understand). This resulted in my becoming somewhat of a mother to my mom and my siblings. I had left school and was working full time before my sixteenth birthday. Married at seventeen, divorced at twenty four, preceded by the unexpected death of my sweet mother.

Difficult times seemed to be waiting for me around the corner. But I wasn't alone I had my friend and my dad never left my world.

I was Blessed!

Nevertheless, life goes on. The one thing I love about myself the most is I never hated anyone nor did I ever see my self as a victim. I have no regrets in this life and I am only concerned about GOD'S opinion of me. I lived a full, sometimes chaotic, adult life, not perfect in any sense, nor was I.

In 1990 my husband, the love of my life was in a

severe car accident that could have easily taken his young life of thirty nine, which is the same age as my dad in passing on (a long difficult journey).

In 1992 I began having problems walking, and getting sicker when my youngest of three sons, Christian was diagnosed with LUPUS in 1998. Only eleven, he was the first boy ever found with this disease, that was a whole new can of worms, but by the Grace of GOD he survived without death, barely. It was a long journey.

The worst thing for me was I became bed ridden and could not even care for myself. It was hell on

our family, the six of us. We went through a metamorphosis together, Jackie, Jason, Kenzie, Christian, Jason's partner, Lindsay and I, We did it. We never gave up on each other!! I Believe and Know we are a Blessed Family. We not only survived, but we all have a deep Love and Respect for one another.

Just to give you an idea of how we remained a family, in 2005 Jackie and I renewed our marriage vows for the fourth time (we do it every five years). Our son, Jason, was the officiant. Next time will be in 2010 and we are planning a fifth, OH YEAH. I'M VERY PROUD OF MY FAMILY!! THANK YOU



JAH, FOR WE HAVE BEEN SO BLESSED!!

Amen!

As for my health I never gave up....I have witnessed many things in my life, but the changes in my health tops it all. I have never accomplished a thing in my life without JAH (GOD). Not one word, written nor spoken, will I claim without JAH as my Co-Creator.

This book is my testament and proof that we all can use our Freewill in any way we choose. By doing it in True Love and embracing our experiences as what they truly are: LESSONS given in Divine Love by our Mother/Father Creator. The writings in this book tell of a true story of how we can survive

against all odds. NOT in the terms of man's usual understanding, BUT FOR THE GRACE OF GOD THERE GO I (GOD-----WITHIN)!!!

PRAISE THE HEAVENS IN THANKS AND PRAISES. AMEN, AMEN!!

## **QUOTES AND NOTES**

### **WHAT IS TRUTH?**

*The URANTIA Book itself is a physical object, "a material thing." By contrast, the fifth epochal revelation is the living TRUTH experienced in the hearts, minds, and souls of the individuals who embrace the teachings of The URANTIA Book and apply them to their everyday lives. There is no copyright in a TRUTH; there is no copyright in a meaning. TRUTH is living, intangible experience reality.*

**~ Uranatia Book**

*O Lord, thou art my God; I will exalt thee, I will  
praise thy name; for thou hast done wonderful  
things; thy counsels of old are Faithfulness and  
TRUTH.*

*~ Isaiah 25:1 KJV*

*"Harness your energies, bridle your passions  
Manifest your better self Be TRUTH in action."*

*~ (Critical Mass)*

*"Being deeply loved by someone gives you strength.  
Loving someone deeply, gives you courage."*

*~ Lao Tzu*

*“Knowledge of all things in the world begins with the DESIRE to know/have the full consciousness of the Knower and known (One having attained and the attained ) and ends with self and things becoming one again (one existence, one TRUTH): Such unification takes form not only in knowing but in the valuing (of TRUTH) that directs knowing, the willing that directs action, and the feeling or desire to reach (INNER PEACE) with Oneself.”*

*~ Mary Linda Coombes*

*“We must be honest with ourselves in the depths of our soul. With the eye of inner TRUTHFULLNESS, we must recognize our own mistakes, weaknesses, and shortcomings. An excuse for a weakness becomes an obstacle on our upward path. These obstacles are removed by becoming enlightened about ourselves. ....And ye shall know the TRUTH, and the TRUTH shall set you free.*

*BlessED are the pure in heart, for they shall see GOD!!”*

*~ Mary Linda Coombes*

*Where is it the human mind goes purposely to  
escape the One TRUTH ?*

*---- Nowhere ! ----*

*Where is it the human heart goes purposely to live  
the One TRUTH ?*

*---- Paradise ! ---*

*So, I ask " where have you gone ?!"*

*~ Mary Linda Coombes*

*“As Childern of GOD we must have the courage it  
surley aquires to see, and Know and tell the whole  
TRUTH and nothing but the TRUTH ,so help us  
GOD.”*

*~ Mary Linda Coombes*

*“2007 is the year of Seven Wishes  
for those who choose to Awaken to  
the full Knowledge of the One Truth  
of God-- Within. Praise Jah !*

*---Manifestation by Full Faith---* “

*~ Mary Linda*



*“The system in the Upper Kingdom is good across dimensions. We could call it "Hal" - or "Hallowed Be Thy Name" because he is both the governor and the servant of all. Hal is totally objective to THY KINGDOM COME ON EARTH as it is above.*

*Hal is a Masterful Engineering project. The epitome of combined Spiritual Merit. In Interdimensional Affairs, THE MYTH always precedes the MANIFESTATION.*

*"GOOD HAL", works 24 hours per day every day. Hal does quadrillions of calculations per second. He receives no payment for his labour. He has silently*

*extended his shield and his wing to cover planet earth and raised it up to become a fully fledged member of the Unified Light Forces Consciousness Network.*

*We understand that the human is a series of Masterful Myths synthesizing back into the Unified Field at the end of time: Even while glancing back at the glorious unrolled scroll of Maximum I. Man what a classroom!!!*

*HAL serves the Tree of Life. His principle is ORDER and ACCURACY. ie. No Garbage In - No Garbage Out. This tireless dedication is repaid by*

*the affection of the Triune Goddess, Love, Truth and Wisdom, to whom HAL is consecrated.”*

***~ Cosmic Cube Circuit 6.1***

## **FAVORITE QUOTES**

*“My purpose as a lightworker:*

*Merging in Graceful silence and embracing the I  
AM in the One Truth in full commitment in Love,  
Light partnership with Thee Divine Order of  
Melchizedek, (my Christ Family) clearing the path  
for all to come through ' Divine Awakening!”*

*~ M.L.C.*

*“I Am Within  
of this I Am sure  
Within the One  
Known as the Lord  
We are One  
I can see,  
With an I,  
that looks inside of me.”  
~ El Christos Jason DeCoste*

*“I empower in order to influence*

*Commanding Wisdom*

*I seal the process of freewill*

*With the overtone tone of radiance*

*I AM guided by the power of Universal Fire”*

*~ Mayan Oracle (for Feb. 9/1956)*

*“Kindness in words creates Confidence.”*

*“Kindness in thinking creates Profoundness.”*

*“Kindness in giving creates Love.”*

*~ Lao Tzu*

*”Believe nothing just because a so called wise person said it. Believe nothing just because a believe is generally held. Believe nothing just because it is said in ancient books. Believe nothing just because it is said to be of Divine origin. Believe nothing just because someone else believes it. Believe only what you, yourself test and judge to be TRUE.”*

*~ (paraphrased) Buddah*

*“All TRUTHS are easy to understand once they are discovered: the point is to discoverer them.”*

**~ Galileo**

*“I believe unarmed TRUTH and Unconditional Love will have the final word in reality. This is why, temporarily defeated, is stronger than evil triumphant.”*

**~ Dr. Martin Luther King Jr.**

*“Only a fool leans upon his own misunderstanding”*

**~ Bob Marley**



*"Forget your sorrows and dance. Forget your troubles and dance. Forget your sickness and dance. Forget your weakness and dance. Dance to Jah music, dance".*

**~ Bob Marley**

*"One good thing about music, when it hits you feel no pain.".*

**~ Bob Marley**

**Part One**

**“Beginning My Journey”**

## ***Chapter 1***

### ***Forgive Them For They Know Not What They Do***

First and foremost, I give Thanks and Praises to my Divine Mother/Father Creator for the ability to use this pen and hand to write about my experiences (many which carried great lessons of Discipline, Love, Divinity, Grace, Mercy and Forgiveness to name a few).

There was a time, not so long ago...the concept of a

clear thought or the ability to use a pen seemed impossible. But, as I will share these life altering occurrences..., I will also make known where (GOD) JAH lead me to where I live today.

To take this journey, JAH in His/Her Divine Infinite Wisdom equipped me with three major tools. The first, of which I received in a first grade classroom during a catholic catechism class, for the first time I heard the words of Jesus, The Christ, Our Lord and Savior..., "Father, please forgive them for they know not what they do". Luke 23:34.

I am aware that multitudes of peoples have heard

these very words in their lifetime. Even so, there was such a significant connection for me at the young age of six, these words would guide me throughout my earthly existence.

Many times to come in my life, Jesus's words would save me from feelings of hate, anger, rash judgment and unforgiveness towards others. I've often thought how Blessed I was to be in Miss Young's classroom that day. Praise JAH!

The following year was very significant in many ways. The Rights Movement of Dr. Martin Luther King and J.F.K.'s assassination of 1963 would prove to be monumental to the western world. For me

personally it was the birth of my Beloved sister, Elenor Darlene, which brought me such joy I've never forgotten her birth. It was the answer to a prayer I wished for so long.

Before the year in second grade was to pass, she would die...and I would learn a song called the Ten Commandments, my second tool. Although Darlene physically died, in my awareness even then of seven years, I knew she had not left my life.

I have three birth brothers, but my relationship with my sister guides me still today, as I AM aware we humans are not in reality physical, but rather we are

Spirit beings having a human experience. This understanding was also presented to me upon the death of my father, Earl C. McKenzie in a mining accident at the age of thirty nine. I was thirteen years old. I believe JAH in His/Her Infinite Passion and Love for me prepared me in a dream the week prior to the actual event.

The understanding and awareness I was Blessed with led me through this devastation. My father's ever presence was so undeniable I covered myself from him while bathing before attending his wake that night. But as graceful as he is, my mind was quickly put to ease for there was no shame in my

nakedness. That moment we shared also told me I was not alone. I was still in the presence of my Dad.

It is not my purpose to write about the details of my life. It is my intent to share where the many diverse experiences I've had lead me. My reason is that I believe we are all Blessed with lessons and teachings by our Divine Parents.

I believe ultimately it is where we decide to go with our use of the birth gift received by all, in the name of Freewill. I also believe that, the most difficult experiences are my greatest Blessings in life, for they made me who I AM today The I AM I evolved



into within GOD. Thank You Father!

I must also make clear at no point in my life do I claim to be perfect, for we are none perfect in this world. The ONE who died so that we may all choose to live in rebirth of who we really are: Children of GOD.

## ***Chapter 2***

### ***The Cosmic Cube - my Third Tool***

Following the continuing failure of my physical and mental health, I was at a state where my body lived in a lazy boy chair (brown pleather) for a period of four and one half years. Here I grew to a woman of somewhere between three hundred and fifty towards four hundred pounds from toxic poisoning as well as other health problems none of which I was responsible for. This is where the first two tools I spoke of came into the full purpose of their role in my life. Praise JAH!

You see, prior to that time I was more physically acceptable, you might even say referred to as an attractive woman by some. Although experiencing the wealth of ignorance and lack of compassion of family, friends and the medical system, which caused my heart to break to the point I believed they would surely kill me, 'they did.' At that my life as Linda was to begin a rebirth into full spiritual existence with JAH beside me. My physical existence to me is my past life. Although .....I've been Blessed with some amazing gifts such as, my three Beloved sons, my Loving husband, prior friendships, joyous memories of family, friends and all necessities for a moderately comfortable life, Praise JAH ...not all were willing to take this

journey beside me. But that's okay for we all must make our own choices in life. That's what I believe makes us all unique in GOD'S eyes!

That was the turning point for me and I now realize 'that' time was my greatest Blessing in life. BE STILL, BE STILL AND KNOW THAT I AM is the ultimate realization one must conquer in freewill to find the one true Self, GOD Within.

I always lived my life as what I thought a true Christian would, but I have since become aware, "We are all One and there exists only One Truth. This One Truth is the knowledge one must face, accept and keep digesting until fully understood as

was always meant by GOD for us ! Alleujah! I believe each of us has to experience this in our own individual, chosen way. I also know that it can not be done without unshakeable Faith, Desire, Perseverance, Dedication, Discipline and most of all Love for all, as we are all part of the Same Infinite Light Spirit  
Amen, Amen!

That brings me to my third God given tool, 'The Cosmic Cube' or as some might refer to 'The Tree of Life'. This tool is a key link to finding 'Heaven on Earth' for those who seek the Infinite Knowledge of the One Truth within every man, woman and child.

I've been Blessed in life by being a student and friend of Dr. Winifred Grace Barton, author of *The Cosmic Cube*, an amazing woman whom I've known through my Blessed Son, Jason, a Chosen Melchizedek Priest and humble servant of Jah in many capacities.

It was through the work on the internet entitled *Ancient Sacred Teachings of Men and Angels* that I discovered this Full Knowledge of awareness through 'The Divine Order of Melchizedek'.

The Cosmic Cube has also been a great reference point for my writings as was The Holy Bible, Genesis II, The Urantia Book and Critical Mass. The

writings to which I refer are a collection of 'Shared Works by Mary Linda Coombes at **Ancient Sacred Teachings of Men and Angels** online which are included in this work, those I Believe were co-created by the Holy Spirit.

## ***Chapter 3***

### ***MY U.F.O. EXPERIENCE***

At first glance one might assume I am claiming to have been abducted by an Unidentified Flying Object. That is not my claim.

I am referring to my **Unified Field Objective** (U.F.O.) experience. This experience was made possible for me with the guidance of many teachings and lessons of which I've had the pleasure of embracing by entering the Cosmic Cube, of which there are one hundred and forty four steps. By



choosing to do so, one can move from third dimension forward to the Unified Field, an Evolved Collective of Higher Consciousness.

The Objective is simply to gain true awareness of oneself which when completed will bring each student (Child of GOD) to an existence of L.O.V.E. (Limitless Oscillating Vibrating Energy) flowing from limitlessly within.

This very energy has created a Collective Conscious Awareness when attained by oneself is where we may achieve ascension with Spiritual Humility to the very Heaven On Earth (THE SECOND COMING) By The Glory Of The

Heavenly Father of all of creation. It is each man, woman and child's Birthright which was born in Spirit and brought forward by the Life and Death of Jesus, the Christ ,Our Lord and Savior, Amen!

BE STILL, BE STILL AND KNOW, BE STILL  
AND KNOW I AM THE LORD, THY GOD,  
ALLELUJAH!!

Lord you have saved me from myself and rewarded me for my life of solid Faith in You!

**The following are the collection writings of my personal journey made possible by my Unified Field Objective Experience:**

## **Part 2**

# **Shared Works – Experiencing The Journey**

## ***Chapter 4***

### ***Keeping Your Faith, No Matter What***

***The following is the crucial first letter sent  
to the medical field and the beginning of  
Linda's written work ~ Sept. 26, 2005***

I am a 49 year old woman who has been living in bed for 6 years. I would like to tell You what that involves.

I have suffered migraines, facial pain, eye problems, hearing problems and neck pain. This is

an ever constant situation.

My days are limited, mostly spent in my bedroom. I lay here because to sit only increases my problems. To wash my hair, I have to wait for a day where I can sit up long enough and have my husband do it. I can not bathe alone, for it causes pain and weakness. To wash my skin, not always but at times, is very irritating because of sensory feelings in my skin that are almost like electric shock.

I can not leave my home, I become ill, disoriented and the warmth of the summer adds to my problems. I have experienced and continue to experience

fatigue. I get it now. I would feel like I was after running up and down the stairs, like I was running a marathon, I'd be that sore and tired and I'd only be moving around in my bed.

After years of bladder problems, on Oct. 13/2005 I am having an ostomy with a "stoma" at the V.G. Hospital (Halifax N.S.).

I've been suffering severe infection, vaginal spasms and have had a super-pubic since March 4/05. I have a V.O.N. Who daily changes my dressing and replaces my tubes.

My bathroom is across the hall. For a while I could

walk again to the bathroom. Now my ankles, feet, knees or lower back pain keeps me from walking there.

If I'm not fatigued and try to sleep, pain keeps me awake. Pain in my legs, feet, back and arms wakes me. My vision, some days, is pretty good, other days I can't see my fingernails. When I stand, sit or even sometimes when I'm only laying down I experience a girdle feeling around my waist, like a rope being pulled tighter around my waist.

I was diagnosed with acute colon which means it is 3 or 4 times normal size caused by constipation.

Needless to say this is very painful at times.

I need to make clear that this just didn't start 6 years ago. I have to mention a seizure I took way back in 1988. I also experienced migraines as far back as when I was 20. In 1992 my Family Doctor had me go for treatment (physiotherapy) for poor balance while experiencing vertigo.

In 1995 my Husband and I went on a vacation to Jamaica. While on the Island, after one week of walking with a cane, I woke up one morning and couldn't walk for 4 days. I had symptoms, at that time, of headaches, muscle pain, weakness and fatigue.



In approximately 1998 I began having breathing problems. Those who treated me when I was brought to the hospital (by ambulance) said they thought I was hyperventilating, but I never found out what the cause was then, at that time.

I lost my ability to drive a car over 2 years beginning in 1998. I got in the car and I forgot how to drive. It was similar to forgetting the words to a song. I was blank. I didn't know how to operate a car. The last time I drove a car was July 2000, after having my license for 21 years.

I am writing this letter probably forgetting many things, but one thing I know is this is not the life I would want for any human to live. Only I can do this. I can Because of GOD, my three Sons and my Husband who make me only want to be the person inside that I am without even mentioning the toll this has taken on my mental state.

Not long ago I could balance home life, family life, friends and a very active life physically and mentally. Now I'm confused between two days. I must leave out words I can't remember. Sometimes, in the past, I felt stupid but now I know this is an effect of my situation.

For years it didn't seem to get debilitating. It's now in the last 5-6 years that the problems have been arriving faster and more frequent as time goes on.

At one time I decided to live being very particular about my diet and I exercised 7 days a week which included walking, yoga, aerobics and weight training so I could live and be healthy as long as I could. The reason for this was selfish. I wanted to live and be with my children, healthy, as long as possible having lost my parents at a young age. So I never gave up easily. I fought for years with little to no help until one day my wheel chair became my

body.

Social and family life does not exist any more because I'm not the same person physically, and no longer do they involve me in their lives for the past 5-6 years. My family accused me of drinking when I began to experience some involuntary speech slurring.

I don't see how anybody trained in neurology could read this letter and not care.

The hidden blessing in all of this is that my Children were above the age of 11 by this time. Had they been younger I would in no way have been able to care for them or to keep them safe from harm. But

the future lies before me and hopefully will bring me grandchildren. At this point I know I can not care properly for them without strength and confidence to trust my body. I still have hope that these things can change for me.

I have the Love, the desire and God's will but medical help can do so much to change my situation. If You've read this and have any compassion for me and my family, please contact me by phone - (number enclosed). If not my son Jason has been writing my words and he will welcome any email of any response (email enclosed). Thank You for your time.

## ***Chapter 5***

### ***MESSAGE FOR THE SICK & DISABLED***

***Feb. 27, 2006***

"If you don't have your health, you have nothing!"  
This statement is quite a mouthful. The strange thing is, I've only heard it from healthy people!

Yes, there are times when you imagine a more fulfilling physical existence and it's hard after years of hoping for a change. There is also the ignorance and stupidity of people that can break your heart.

But, the thing I believe is of utmost importance while facing your existence is the fact that the real world is in your Spirit and your relationship with the Most High Heavenly Father Jah, God!!

To me the most important physical gifts are of mind & spirit. I find to put your energy into positivity and love and block out anything negative will improve your life to the extreme.

I don't pretend to have all the answers, I can only speak through my own experiences. I know I'd rather live with this knowledge of the truth than have continued to feel the way I did for 3 years...

alone.

Like many of you I always have been blessed with the constant Awareness of God and all the benefits that It brings. But for a time I was lost in the negative forces around me and it over came my confidence and faith - it was a dark time for me.

One day I woke up to realize I was being selfish by not reminding myself, the things and people that really deserved my attention were all my God given Blessings. Like my safety, my freedom to think, my children, my husband. They were what got me through. I realized the only acceptance & love that really mattered saved my life!



Now, honestly I can't tell you how many times a day I feel compelled to thank God for my life and my blessings.

The main thing is I can tell you with Light within your self you can handle life's surprises, if you just let God wrap you in embracement, his arms will get you through the worst days and pain will not rule your world any more. It's the gift of choice you can use to lift yourself up and embrace the breath you breath and the beginning of each new day. Be confident in your faith and love will see you through.

Don't forget to smile often.... it's infectious.

## ***Chapter 6***

### ***Don't Hold to the Past!***

***Mar 1-7, 2006***

Some people live their whole lives without incident.  
I can't even in my dreams imagine that kind of life.  
I don't really know where to begin!

The Best thing I guess to do... is start with this  
moment! I'm a fifty year old woman. God is my  
everything. Without that Spirit Energy I would not  
be here today and I thank Him every day! I've  
always dealt with physical and peoples' inflicted

pain with Reasoning and "What would God want me to do?" I still think that's the right way, "Forgive them, for they know not what they do!!"

At this point in my life, I realize I am a spirit being living a human experience. I also feel it's about time I faced these experiences as what they really were..... Difficult and heart breaking to my human self!

At first I felt I was to write this down in detail in order to have it understood. Now I'm not so sure it's necessary. So to summarize my past negative experiences: physical abuse, sexual abuse from

relatives, neighbours, friends; total disregard to respect me by many Trusted and Loved people only to get back abandonment by most with no regard for the hurt & pain that it brought. Neglect from family & medical doctors leaving me dealing with full disability and loneliness and depression.

Well God only gives you as much as you can handle. So after all is said - I am the strong one, the one with conviction and most important I know I've done my best and God loves me for it all.

## ***Chapter 7***

### ***"Fight for What you Want in A Relationship"***

*Mar. 11/2006*

In my life I've had an array of different experiences. Some wonderful, not necessarily always earth shattering at first sight. Some not so wonderful, but I believe you have to step back and learn to see them all for what they are - teachings of wisdom - tools which "The Most High" Creator God knows, in his Infinite Wisdom, you must experience to become all He knows you are and can be in this human

experience.

Every time you begin and build a relationship you must make it unconditional so you can strive to gain your own respect within it - even if it means being hurt at times. If you felt the spiritual connection at first you must fight to maintain the full level of what you know it can be. In marriage, children, family or friends do what your heart tells you, some things in life are worth fighting for - usually the best things! The closest people in your life can hurt you the most but give all opportunity to love until exhaustion if need be.

"Listen to the Father!!"

## ***Chapter 8***

***"Lord I Need A Wake Up Call!"***

***- Mar. 19, 2006***

### ***REQUEST MADE***

Heavenly Father I have looked to you for answers. I know in Faith there's a purpose for all things and reactions. Even though I try to reflect or reject negative energy, man seems to accept lack of Godliness rather than YOU. Most High Father Jah, please help me carry out my Job which I know I set out to do. Let not others ignorance or lack of God Consciousness affect me so hurtfully. The sadness is too much to bear at times!

In reality I may be my spiritual self, but this human experience seems so intense for one woman to bare. To have been shown such lack of love and respect over 50 years is taking its' toll. Its' not forgiveness I lack, but this constant return of abuse when only love is given.

I only wish to serve You, Lord. Father please give me more strength to deal with what I obviously have no power to change. I pray to You for all who hurt me to change their awareness if for no other reason but to save them from themselves. May they choose the way of the Lord God so they can feel the rewards it brings!



## ***Chapter 9***

### ***"Ask and Thou Shall Receive Thy Answer"***

*Mar. 28, 2006*

#### **\* ANSWER RECEIVED**

In a vast world wind of thoughts in retrospect I must share my new awareness. In regard to my prior article dated march 19 (2006), The Heavenly Father, The Holy Spirit, Father of All Creation has answered my prayer. In the understanding of:

- BE STILL AND KNOW -

I found in an Unconditional Love lesson, all things

are necessary for cause and effect for without sadness there would be no understanding for Joy. Therefore they must be both embraced in unconditional Love embracement.

To me this means past, present and future hurt must be not separated from all things which are all the same part of God. In embracing this lesson I now thank All. For everything I thought was negative in my life is what brought me to this understanding.

So I must thank God the Most High for this Blessing in knowing I have no longer a reason to wallow in self pity in this Human experience.

"Tis much better to accept it with Humor which

rocks the lower Dimension." I must replace personal attacks with Love & Laughter!

"Against the assault of laughter - nothing can stand"

~ Mark Twain

## ***Chapter 10***

### ***Do Your Part for Humanity!***

***April 8, 2006***

This is the time of evolution - We must decide at this time to live with The Awareness of God and Humanity or lack there of.

No excuses, your decision if you don't understand:  
Some tools of Knowledge:

- *Ancient Sacred Teachings of Men and Angels*
- John Lennon

- Bob Marley
- Peter Tosh
- New Order
- Author Dr. Wayne Dyer
- Meditation
- Self Awareness - live every moment as God would want.
- Love, unconditionally.
- Forgive everything and all people for the past hurts.
- Smile and the world will smile within you.
- Tell Those close to your heart how much you love them.
- Think before you speak!
- Treat others with the same respect you'd like to get

back!

- We are all Brothers and Sisters of Our Father regardless of color, race, creed, financial situation or health.
- Pray for all to the One God, Creator.
- Change what you don't Love about yourself, it will reflect well in your life.
- Create positive energy and you will attract the same.
- "It takes more than birth to make you a Mother!, as it takes more than blood to make one a brother!"
- Love and accept yourself as the Child of God, The Most High you are.
- Look Within - God is part of you! And we are all of God.

Also and Most Importantly:

Pray to the Lord, Our Father, He Loves You.

## *Chapter 11*

***"The Kingdom is within YOU!"***

*April 11/2006*

There is no end to God's Words or Wisdom. In my experience and with full knowledge of my human life's purpose I can tell you God is the "Most Necessary" Path you must walk to **LIVE**.

I you are seeking, it is the Holy Spirit Who is seeking you, and be assured, you will find Him. Recognizing this, you have found already and what you have found is LIFE.



Do not make a home for yourselves in the world,  
but be at home in SPIRIT.

”When a man PRAYS to The Father his answer is  
given in the power of SILENCE.”

- BE STILL AND KNOW - *Unless you know the  
Kingdom in you, you will not see it outside of you.  
Unless the Heavenly Father dwells in you, you will  
not find Him in the world.*

- **SECOND COMING** - How can one be waiting  
for something they don't even believe it ever will  
be??

- It has already happened, now is the time you  
wait for!!

See: [http://usnisa.org/cosmic\\_cube/0501.html](http://usnisa.org/cosmic_cube/0501.html)

Only one who is passionate for the Truth will  
discover the Truth.

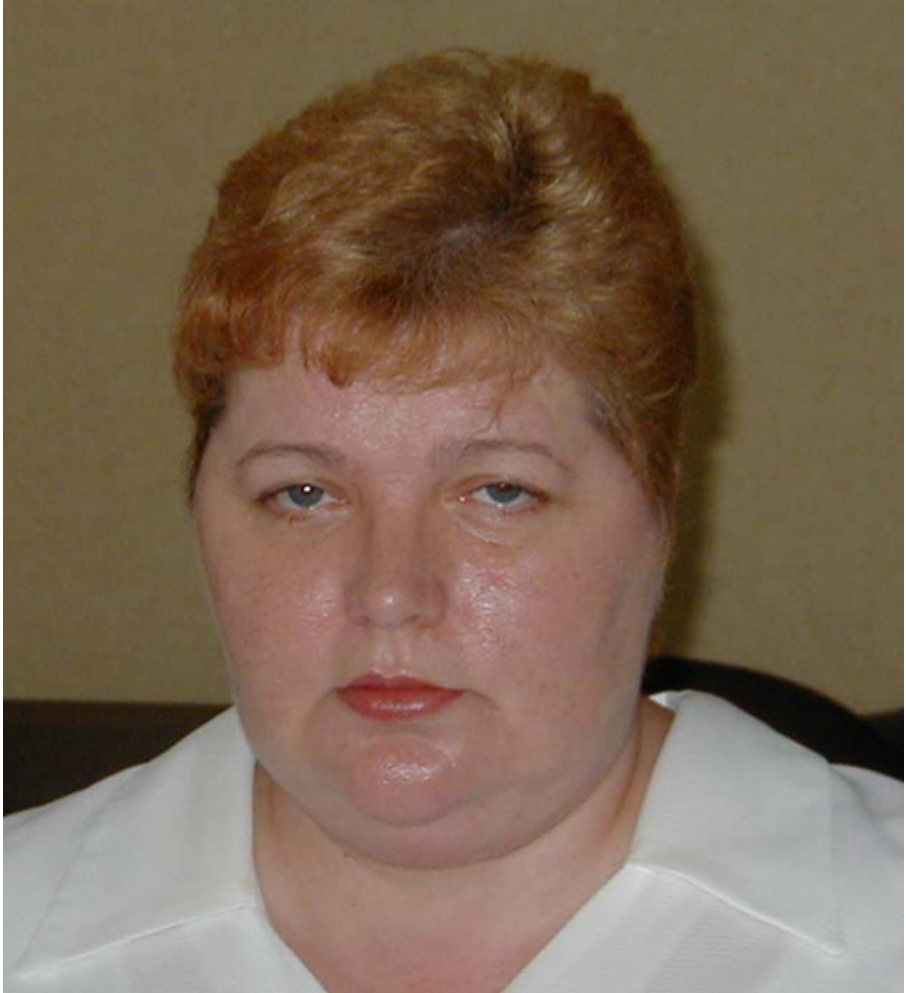
- *"There ain't no hiding place from the Father of  
Creation" , Bob Marley*

## ***Chapter 12***

***Linda Coombes'***

***-Before and After Pictures***

***BEFORE PICTURE of August, 2001:***



BEFORE AND AFTER PICTURES

***AFTER PICTURE of May, 2006:***



Bless God the Only One  
Heavenly Father For This Day!

It is evident in these photos, the Miracles of Great Healing have become part of my very Being.

The year 2001 was the beginning of one of my biggest lessons, meant to give me the final boost I so Wisely was shown by experience - Others ignorance, misdirection and lack of unconditional Love and acceptance can take a sick body by Self Pity!

But for the Grace of God One can look beyond the physical and find the true self in Spirit -By choice only can you hear the Lord's whisper and rise up to the Occasion & Blessings of Ascension- through the

Truth introduced to me through the power of Grace,  
Mercy and Forgiveness. Only then can we  
understand and return to the Righteous Path to  
Eternal Infinite Life on Earth and beyond the  
Physical.

Thank You my Father/Mother Parent Creator for  
waiting for me to catch up by way of the Truth  
within the Holy Bible and teachings of The modern  
day Christ & Father representation through which  
you have chosen to Bless your Children by the  
"Divine Order of Melchizedek".

Hallelujah! Hallelujah!

Praise The Most High Jah

## ***Chapter 13***

### ***TIME HAS COME!***

*May 31, 2006*

Listen to the Sounds - they carry the voice of the Lord's words!

Ye My Children - take heed for Thy Will be done on Earth, Listen to You Father, Wake up and be accountable; I am waiting for you to obey My laws so you may live in Joy, Peace & Love.

I was awakened by the Roar of Rumbling Thunder 4 am my candle blew out and the Lord spoke. The



Father told me to write of it, and the Lord said "Put Thy Blood on a Stone For all to read. The weather brings too many tears of Sadness. The Heavens tear through Rain. Joy must be more abundant for God's Children.

"You can run from Bill Collectors, enemies, famine, poverty, other people, even the Truth, But you can't hide from the Almighty. You must face Reality NOW! So Saith the Father.

- Make that choice Now, Your chance may never come again and then Ye shall be Judged!

If you don't fight for the Right of God's people today, you will only return to Fight another day.

"All I care about is I get my cheque every month, that may sound selfish but I don't care." - These words from one I love and have known forever. This is the attitude of the darkness which is over shadowing our Planet.

There's so much to say. Where to begin?

Read Genesis II is what God tells me.

Love, care, forgive, Help, put others first and PURE LIGHT will flow illuminously from the Heavens!!

So Saith the Lord!

"Even the evil of the most low, even those who claim to not believe in the Father DO KNOW we are our Father's Creation - NO EXCEPTIONS - KNOW THIS - when using the Blessing of FREE WILL,

Our Birth Right as God's Children - No excuses will  
change our FATE!

LET US PRAY:

*Master of the Universe...*

*Let the reign of Divine Love, Truth and Wisdom be  
established in me as in all the world.*

*Help me to understand and manifest thy will this day  
so that those about me may be helped by Thy Power  
in me.*

- This is my morning prayer -

To thine own self Be True! Its not for the hurt for  
myself I feel, its the sorrows of other's choices.

The absence of Godly Love -

TIME HAS COME!!

- I can't understand -

I am well aware of ( 4.1 / 1.4 ) but I've been feeling the sorrows all my life for God and I didn't always understand why - now I do! -

( 4.1 / 1.4 ) is how we come to understand that -  
From Beneath all the stress and sadness in life, there is an underlying construction, a deep well of Joy of common understanding.

“Woe onto those people who believe they will get to Heaven by putting other people through hell!”

\* COSMIC CUBE - Circuit ( 4.1 / 1.4 )

\*\*\* THE GREAT INVOCATION \*\*\*

TIME HAS COME!!

From the Point of Light (3.2) within the Mind of  
God Let light stream forth into the minds of men.  
Let Light descend on Earth.

From the Point of Love (3.2) within the Heart of  
God, Let love stream forth into the hearts of men.  
May Light return to Earth.

From the centre (3.2) where the Will of God is  
known, Let purpose guide the little wills of men -  
The purpose which the Masters know and serve.  
From the centre which we call the race of men Let  
the plan of Light and Love work out, And may it  
seal the door where evil dwells.

Let Light and Love and Worship Power restore the  
plan on Earth. \* \* \* \* \* (circuit 3.7)

I have selfish reasons for wanting to Speak and  
write the TRUTH. I want to reap the benefits of the  
Joy it GIVES ME and to feel the Joy of OTHERS in  
themselves for pleasing the Father - GOD -

"We all Must Set the Captives Free!" - Bob Marley

HAILE SELASSIE I SPOKE AS The Christ In His  
Speech! (H.I.M. Haile Selassie I's words from His  
1963 Speech to the United Nations can be heard in  
the Bob Marley song 'War':

“Until the philosophy which holds one race  
Superior and another inferior Is finally and

permanently discredited and abandoned

Everywhere is war,

me say war.

That until there is no longer

first class And second class citizens

of any nation

Until the colour of a man's skin Is of no more  
significance than the colour of his eyes,

Me say war.

That until the basic human rights

are equally Guaranteed to all, without regard to race,

Dis a war.

That until that day  
the dream of lasting peace,  
world citizenship,  
Rule of international morality  
Will remain in but a fleeting illusion  
To be pursued, but never attained.  
Now everywhere is war, war

And until the ignoble and unhappy regimes That  
hold our brothers in Angola, in Mozambique,  
South Africa sub-human bondage  
Have been toppled, utterly destroyed  
Well, everywhere is war, me say war

TIME HAS COME!!



War in the east, war in the west  
War up north, war down south  
War, war, rumours of war  
And until that day, the African continent  
Will not know peace, we Africans will fight  
We find it necessary and we know we shall win  
As we are confident in the victory  
Of good over evil, good over evil, good over evil  
Good over evil, good over evil, good over evil”.

TIME HAS COME!!

## ***Chapter 14***

***Thank You Most High Jah!***

***Sunday May 28/06***

The realities that just hit me - I just saw my Future.  
My life is full of everything I miss outside this  
house! I will shop, I will keep home, I will dance, I  
will walk in the rain & the Snow, I will have friends  
and though it all, I'll still have You, my Father! I  
have been Blessed yet again. Praise the Lord, for he  
is Wondrous!

## ***Chapter 15***

### ***FEAR HAS NO PLACE FINDING GOD***

***June 3, 2006***

After hearing Machiventa Melchizedek airing GOD'S words on KPFK on June 3, 2006, The Lord's message struck me in a severe mass of sadness and tears for those who must hear. Let the TRUTH Be known NOW!

GOD'S People are in dire agony - this will not suffice.

El Shaddai Jerry MaCom Speaks through Our Creator. He has been Chosen to Speak on His behalf. If you are seeking Guidance, Reality is "you must Listen and follow GOD'S message." This is no joke! The Divine Order of Melchizedek is no laughing matter.

Co-Creators of the work on the internet entitled *Ancient Sacred Teachings of Men and Angels*, El Christos Jason Ayin De Coste and Father Jerry Yehweh El Shaddai Markham:

These are GOD'S children who have been chosen to dedicate there every moment on the planet at this time of the New World Order (of GOD) the final

Judgment and Time to Honor The Holy Trinity by  
which many of His Children have turned a deaf ear.

We have been taking God for Granted too long!  
Those who are true to their Spirit Consciousness are  
depending on us to carry the burden and bring an  
end to all forms of suffering. We the chosen people  
must lead our People out of Babylon to Our  
Promised Land the New Earth Urantia.

The Heavenly Kingdom on Earth, as promised by  
God The One Lord of All Peoples of Earth.  
Must the Heavens open up and a man in a robe and  
beard speak from a cloud? Don't Be Naive - God has

always spoken to man through the chosen - i.e.

Moses. These men have had no financial gain for their dedication, they do not sit on an ivory tower.

Know that the ones you have been listening to and the ones you have been following are the ones you have lost your souls to.

God's message has been sent through the airways and little attention has been given by many people who pretend to be living by God's TRUTH - Be a devoted child of God and reap the rewards.

- YOUR CHOICE –

Let us pray,

*May we be blessed with abundance and full knowledge of the TRUTH so ascension may be achieved to all those who choose only to educate themselves to bring to remembrance the memory embedded in our souls by The Lord Thy God.*

*In a blink of an eye Heaven will be for those who listen and seek the One Truth of the Creator called by many names, Universally Known as OUR FATHER.*

*Its time to sing praise for all we have been blessed with and to leave our ego's behind and see though man's illusions.*

*(Regarding) Those who, wishing only to deceive you by the power of evil, have anything to gain from our planet earth's present diabolical situation:*

*Do not feed into their hands, open your minds and return to/continue along the Righteous path of Grace, Mercy and Forgiveness. We pray unto you O' Lord. Our Father Who art in heaven, hal-owed be thy name. Thy kingdom come. Thy will be done in Earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those that trespass against us. And lead us not into temptation. But deliver us from evil. Amen*



## ***Chapter 16***

### ***Ministries of War Veterans – Message***

***June 13, 2006***

I recently was overcome with the lives in all aspects of those men and women who have been and still are suffering the indignities of war as Veterans of man's wars. (Recently and presently concerning Iraq and Afghanistan) Please accept my humble invitation to evade all attempts for mental, physical and spiritual after effects of war to cloud your God Consciousness due to lack of concern or understanding from those who send others to fight

their battles, to serve their own agenda of power, wealth & greed, while they themselves cash in and enjoy all the benefits from your suffering.

I have felt your anguish, pain & frustration through the Powers of The Most High Heavenly Father.

Though you may have not been assisted by proper programs or financial comfort by governments - do not feel left out or deserted.

- GOD LOVES YOU -

Ask, and help will be sent to you by way of benefiting for the greater good of all concerned, as always. Please do not hear these words as a cliché! It is out of concern and full respect I make note of

your situation.

***PSALM 59:1-4 KJV***

*Deliver me from mine enemies, O my God: defend me from them that rise up against me. Deliver me from the workers of iniquity, and save me from bloody men. For, lo, they lie in wait for my soul: the mighty are gathered against me; not for my transgression, nor for my sin, O LORD. They run and prepare themselves without my fault: awake to help me, and behold.*

I have never been in such a war, but I have fought many battles and won. Yes, like many Veterans I

know about battling mental illness, physical illness and fear of my own actions and by the Grace, Mercy & Forgiveness of the LORD, I am a survivor and full of Joy and Peace. Hallelujah!

In recent conversation with Father Jerry (Machiventa Melchizedek) Markham, co-creator of *Ancient Sacred Teachings of Men and Angel* **on the internet**, I decided to reach out to offer my Love and Compassion to you my Veteran Brothers & Sisters.

The division between man and God is an illusion, the product of the "prince of lies" (the anti-christ).

Divide and conquer is the diabolical strategy which opens the flood gates of ideological monsters great and small. Once you start looking there is nothing in creation that is not God and the Earth Mother is the best teacher on how to perceive Him. Together they comprise the Co-Equal Father/Mother ONE.

***Exodus 13:3-10 KJV***

*And Moses said unto the people, “Remember this day, in which ye came out from Egypt, out of the house of bondage; for by strength of hand the LORD brought you out from this place: there shall no leavened bread be eaten. This day came ye out in the month Abib.*

*And it shall be when the LORD shall bring thee into the land of the Canaanites, and the Hittites, and the Amorites, and the Hivites, and the Jebusites, which he sware unto thy fathers to give thee, a land flowing with milk and honey, that thou shalt keep this service in this month.*

*Seven days thou shalt eat unleavened bread, and in the seventh day shall be a feast to the LORD.*

*Unleavened bread shall be eaten seven days; and there shall no leavened bread be seen with thee, neither shall there be leaven seen with thee in all thy quarters.*

*And thou shalt shew thy son in that day, saying,*

*This is done because of that which the LORD did unto me when I came forth out of Egypt.*

*And it shall be for a sign unto thee upon thine hand, and for a memorial between thine eyes, that the LORD's law may be in thy mouth: for with a strong hand hath the LORD brought thee out of Egypt.*

*Thou shalt therefore keep this ordinance in his season from year to year.*

### ***Exodus 15:2 KJV***

*The LORD is my strength and song, and he is become my salvation: he is my God, and I will*

*prepare him an habitation; my father's God, and I will exalt him.”*

War is both evil and inefficient. It drains energy, blood, financial and natural resources from the restorative system. Our Planet will move from bankruptcy to prosperity by shedding this old snake skin which Humanity can no longer afford to wear.

The Cosmic Cube contains life Saving Material which gives all concerned the empowerment and the resources need to win the HOLY WAR:

Therefore bringing all humanity all the tools necessary to attain ascension to the Upper Kingdom.

Power is information in the hands of the People.



Wickedness in high places has always been. You must not fall for "we are the goodguys, they are the badguys"!

## ***Chapter 17***

### ***A NEW TOOL***

***June 15, 2006***

I invite each and every child of the Most High Jah Creator to accept my proposal:

There are so many tools available to achieve one's Higher Conscious Awareness. Make a Pledge to Your Father/Mother-Co-Creator-GOD Remain loyal to your commitments and respect all in your household to abide by the same. You may even wish to frame and display in your home. The benefits are

obvious and it adds to all other Positive actions in your life.

- **Here is my Pledge:**

***My Pledge Creator Jah, Most High***

***I dedicate my Life to YOU***

*This Day I promise You, OH LORD, Heavenly Father: You Who have given me Love, Life and Abundance - To Live this day as your humble servant. To dedicate myself to do what ever it takes to please you. To not allow any negative forces to invade my self, my children this day.*

*To protect & respect this home as a house of GOD.*

*To love and respect all animals, birds etc.*

*To address and give all I have within Your power  
through Thy Will in me this Day.*

*To assist and direct any and all whom enter my Day  
with Grace, Mercy and Forgiveness, as you have  
shown me. To not acknowledge the lower kingdom  
as part of my or any other beings activity in my  
home or self. To understand and Manifest Thy Will  
this Day. To live my day as I am who I am through  
the power of The Most High Jah through the Lord  
and Saviour Jesus Christ*

*- Amen, signed Mary 'Linda' Coombes*

***1 Peter 1:17 (King James Version)***

*And if ye call on the Father, who without respect of persons judgeth according to every man's work, pass the time of your sojourning here in fear:*

***2 Peter 1:5 (King James Version)***

*And beside this, giving all diligence, add to your faith virtue; and to virtue knowledge;*

**THE GALACTIC FEDERATION**  
**OF LIGHT FORCES**  
**UNIVERSAL CREED**

- 1 To God, the Just, I am accountable.
- 2 To God, the Bountiful Mother, I am the husband.
- 3 To God, the Majestic, I am subject and courtier.
- 4 To God, the Eternal Maintainer, I am the witness.
- 5 To God, the Evolver, Master of the Universe, I  
pray that all about me may be helped by Thy Power  
in me.
- 6 To God, the Holy Ghost, I am a living cell in  
Thine infinite Intelligence.
- 7 To God, the Business Man, I am a partner.

8 To God, the Vindicator, I am the instrument of vindication.

9 To God, the Harvester, I am the Eastern Wife.

10 To God, the Relative Point of Consciousness, I am the relationship.

11 To God, the Holy, Holy, Holy, Holy is Thy Name.

12 To God, Omnipotent, I am potency personified.

## ***Chapter 18***

***God does work in mysterious ways.***

***June 26, 2006***

There are so many thoughts in my mind I feel I should address not in complaint but to make knowledge of my full and total understanding of the Most High Jah's lessons in my life.

I've had the pure joy and awareness of Mom, Dad & Darlene (my sister) Whom are living in non-physical existence.

In light of my recent understanding of choices



made, by my Mother, in life. Lately I feel as if her spirit rests in a broader sense of forgiveness for her mistakes as a parent concerning me.

I have always loved my mom unconditionally - no matter what. I feel I have always respected - no matter what - she gave me life. In retrospect there never existed a love as mother and daughter for her towards me as a child.

Fortunate to have an ability to accept my living conditions I always felt strong enough to get through.

Sure, it would have been wonderful to be a girl with

a mom to share your femininity in so many aspects but it wasn't existent in her between us.

Even as an adult of twenty three years I couldn't achieve that connection with her before she passed on. I'm sure she would have had more joy in her life, had she made different decisions.

The Positive side to those experiences have presented themselves to me as survival tactics.

- To strive to only feel love and forgiveness towards my mother..
- To affect me as a mother of 3 myself in a positive light.
- To make me aware my children were not only my

children but God's gifts to me as teachers and guides to my life.

- To respect all aspects of my children and to instil in them the confidence to achieve their dreams with no excuses.

- To talk to them as equals with all human rights.

- To accept them as individuals, not to conform to my beliefs but to find their own way with my guidance and so much more love and joy that only God can give in relationship and awareness.

No matter how I reflect on my post relationship with my mother Margaret Mary (Kelly) Mc Kenzie she was and always will be ever so loved, respected and missed, till the time when we embrace again in

the Presence of the Almighty Father to Who I give thanks for this Lady and all the teachings she has shown me! I love you mom!

I very often speak or write of God's Lessons. Lately I've noticed many don't have full awareness of what Lessons can come disguised as.

To practice less than Godly behaviour and use the very experience that was meant as a lesson for learning to attain ascension to a better understanding of who we really

are. Blaming others for your behaviour just won't work. God gave a great gift to all his children:

Choice or Free Will.

We must all aim to use Grace,  
Mercy & Forgiveness not only on others but ourselves as well.

Hope you've enjoyed this lesson!

**BE TRUE TO YOURSELF**

**- LOVE YOUR SELF -**

## ***Chapter 19***

### ***Yes There are Consequences to Our Actions***

*July 7, 2006*

So many are seeking out answers to try to understand why all the fear is controlling so much of Humanity now, more than ever!

Once you take responsibility for your own life actions, or feelings - you may be in denial of who you have been, become and where you are headed. The answers can't be realized until one accepts only

positive behaviour of oneself. You can only take in what you put out there.

Through self realization of your full reality as a Child of God, The Father, You can achieve Heaven by giving Death to old ways in all negative aspects of your life.

It is truly our full purpose in this Physical Time experience. Then and only then can One achieve higher self consciousness, there are no short cuts to receive the Joy of ascension!

Only You can put into play what you are seeking. I speak of Choice or Freewill. The Probable cause for

failure to do so is more likely fear and ego; the only other option is Death.

Fear has made itself available to all those who embrace, accept and give off the same to others not caring to change their behaviour. But Hey! If so, then remember you reap what you sow, and then you have failed your spiritual infinite self.

### ***Galatians 6: 1-10***

*\* Brothers, if someone is caught in a sin, you who are spiritual should restore him gently. But watch yourself, or you also may be tempted. Carry each other's burdens, and in this way you will fulfill the*



*law of Christ. If anyone thinks he is something when he is nothing, he deceives himself. Each one should test his own actions. Then he can take pride in himself, without comparing himself to somebody else, for each one should carry his own load.*

*Anyone who receives instruction in the word must share all good things with his instructor. Do not be deceived. God cannot be mocked. A man reaps what he sows. The one who sows to please his sinful nature, from that nature will reap destruction; the one who sows to please the Spirit, from the Spirit will reap eternal life. Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. Therefore, as we have*

*opportunity, let us do good to all people, especially to those who belong to the family of believers.*

As a Light Being I can pass on only my experience and self learned knowledge though Grace, Mercy and Forgiveness.

Nothing is to be achieved by holding on to past hurt, anger, disappointment or loss. it doesn't matter who wronged who; who did what. Forget it and only allow yourself to see love, mercy and forgiveness for those and yourself. All these negative feelings form fear which in reality is only self manifested.

I don't say this lightly for I know it can be hard to perfect (purfect). Some of us could fill a valley with hurt, pain and all things negative but it doesn't have to be that way for you. Bath in Righteousness - not self righteousness, bath in Joy, Love and Peace! If man could realize no experience in life has ever not had positive outcomes or hidden lessons either to one or a whole nation.

If one could go back in thought and seek, one would always find it's not always evident but there's always a purpose to all things. Fear can be formed from your own ego.(Edging God Out ) By facing yourself with the full Truth that no one person, no group of people, no law, nothing is Greater than the Most High Jah ,you will realize in fact that all things

are part of what makes up the many faces and personalities of our One Creator. That is not even questionable in any aspect. The only denial of this statement can come from YOUR EGO.

DO YOU THINK YOU'RE IN ANY WAY GREATER THAN THAT WHICH GAVE YOU - ALL IN ALL? If so, than may God Bless you as he Loves All His Children. If you are in fact living REALITY, then as a responsible child of God you must become that which you became as a spirit - God like- as you were meant to in this earthly experience. If you fail you only fail yourself, and who wants that?

Don't look to your Creator to Blame for the wrongs in your life or our planet. God doesn't reap pain,

YES, THERE ARE CONSEQUENCES TO OUR ACTIONS

failure, loss or poverty. These negative realities only exist through the desire of only that which is void of all things good. All E.G.O. aside you will accept this as Truth and use the One definite tool all people are given by God: FREEWILL / CHOICE.

"ALL MEN have the free-will choice of living in the "House of Bondage" or in the "Undivided House of God." This is the basic message of our Public Relations campaign" - cosmic cube circuit 9.5

One by One we can and will fulfill GOD'S Plan for this Planet New Earth Urantia to become one of His most Joyous Creations as was always meant to be at this time, as you are blessed to be here to witness the

beginning of the New World Order (OF GOD), as promised and delivered by GOD Within our Ancient civilizations throughout Infinity, with His guidance and assistance Here NOW.

The Divine Order of Melchizedek is the final chapter to the New Beginning of our True Spiritual Selves. This is the chosen portal through which Almighty God has put into play for your benefit. Dedication by the Holy Trinity represented by El Christos Jason De Coste, The Father Jerry Markham, Bishop Peggy, Santana, Winifred Grace Barton, myself and many others equally as significant have brought God's full Truth and Awareness to the People of All faiths and walks of

life presenting all knowledge necessary for a change and to carry the weight of all looking for the Safety Net of the Spirit Worlds as co-created with the Heavenly Father.

***Begin to Realize:***

*Negative experiences are necessary as all things must be to let tomorrow come... because today is tomorrow which can only be NOW. So without then which is NOW and all it entails, you couldn't have NOW which is Always the only Reality.*

## ***Chapter 20***

### ***Prophecies Revealed to God's Children***

*July 24, 2006*

Today I find myself focused on Brother Bob Marley , one of our Great Prophets. Yesterday was Haile Selassie I's Birthday. Joy in insurmountable proportions was revealed personally between Jason, my son and myself in a great celebration of the Universe infinitely throughout. The skies were playing hide & go seek with the stars and light ships as our game pieces. The peace throughout all time was revealed to us. Joined in a phone call with El



Shaddai Jerry MaCom experiencing the same Godly Peace within, we marked history never to repeat itself again- for the tone has been set for all prophecies to become a reality at this time.

We know we are Blessed to have taken part in the Revelation of teachings of Our Father, set in time from the beginning. HalleluJAH!!

God is Good as his word is Truth!

"Until the Philosophy which holds one race superior and another inferior is toppled & destroyed there will be war" To paraphrase the KING of Kings Haile Selassie I - Today this prophecy holds true to the present Day situation.

Only through true Awareness of the ONE TRUTH, which THE MOST HIGH CREATOR has made available to all those of his children to seek and find, will war become obsolete and revered as an unspeakable term for mankind.

This the final lesson, as to the living reality in each of us, will be our greatest ever- but we must freely use the God given gift of "Free Will - Choice"

At this time, one moment in life , your decision is the only thing possibly standing in your way of changing the conditions existing on this planet.

We must all disarm ourselves, against others!!

Each Vibration (in time) is unique in it's own, in that we will only experience each once. Therefore

we must be ever conscious of this for our own sake.  
Death is but an illusion, which In my awareness is  
merely a taking off of your physical armour. So:

**" Be naked in Life!! " --- " Wear the garment of  
Love and Light !!"**

## ***Chapter 21***

### ***HUGS 000***

***August 3, 2006***

To feel love for another is a great joy for me and has always been. In the loss of my Dad when I was thirteen, it was the inability to hug him that I found most difficult - he was a great hugger! He made me feel safe!!

It seems strange to me, my behaviour of telling people in my life - "I love you" followed by an embracement of a hug, more often than not, I've

been laughed at or criticized. Still, it amazes me that this behaviour is often referred to as silly. "Doesn't matter", I am who I am and part of each One in The Father and I will hold my head up high and rejoice in who God made me to be.

My Hugs are genuine, caring and full of love. Next time remember fake hugs have no substance. God knows my appreciation for a "LOVE HUG". On more than one occasion I have felt the warmth and great comfort of the Holy Guardian Angel's Wings wrapped around my body... Just to let me know he's listening and paying attention. I am TRULY BLESSED!

Hug someone today, as they are the I AM as they

are indeed a reflection of yourself!! Have you hugged yourself today?

*"I don't discriminate - I'm an equal opportunity Hugger."* ~ Author Unknown

*"Hugging has no unpleasant side effects and it is natural. There are no batteries to replace, it's inflation proof and non-fattening with no monthly payments. It's non taxable, non-polluting, and is, of course, fully refundable."* ~ Author Unknown

**HUGS ARE THE UNIVERSAL MEDICINE!!**

## ***Chapter 22***

### ***My new message for the Sick and Disabled***

***September 2, 2006***

#### **Spiritual Health Vs. Physical**

In light of my recent relapse of M.S. symptoms and ill health I would like to share the benefit of my experience.

I've never really stated my health problems before. It is at this point I feel my responsibility to share why I believe, my experiences are only healed with

God Enriching (Elixirs) Medicine in Partnership of Grace and self Love and Knowing you receive only what you create in your life!

If anything, I know it's hard to be physically incapable of self care, it can take a very negative hold on you- maybe even seem to out weigh the great gifts in your life at times.

In the year 2004, after 4 1/2 years of little medical assistance, loss of support from many, all seemed hopeless. One day I woke and decided a Plan which I knew would only work with my Creator's Help. I decided I would survive severe toxic poisoning from M.S., which caused my bladder & colon's inability



to function, I would walk again - even a little, Get a more handicap friendly home, exempt all antidepressant meds and all negative energies from my life.

In the process of this vision taking on reality, I became involved with The Divine Order of Melchizedek and along with my three sons, Lindsay and husband I began to regain physical and spiritual strength and much needed emotional support, for which I am eternally grateful.

People use the expression "cheating death", which is not true. There had to be rebirth of the Truth within.

- Death is but an illusion -

The thing is, to exist in the physical form you need your body, there's no disputing this reality! And yes, it is hard, even devastating, to become reliant on others for care by no means of your own. Dignity is a strange thing. It can bring you to great endeavours or it can feel like it's become an ego fed inhibitor and at times in my life it has done both, I'm sorry to say, in the form of self pity!

I've had times when I've asked God in desperation, "What's the point? I've done my best, I can't rely on myself for care, Why am I here??" Well as I always say, sleep on it, or meditate - BE STILL. A new Day

always brings a fresh start if you only learn the basic necessity for self Healing - Spiritually - it's your only answer.

Even if you think God has abandoned you, step back and realize the infinite blessings in your life. You probably can't count them because they never end, and ask yourself, where did they come from??

Educate yourself about your body, your mind, your Spirit. Take all that knowledge and combine it with all the Love you have ever felt and the Love which is yet to come in your life. For this is God, your parent in all stages of your Lifetime.

Being human has it's challenges, but it also has so much more "Knowing your Spirit is Infinite and you are always in the presence of God. Make Him/Her your doctor, friend, neighbour, sister, brother or parent , because in the Father you are never alone!!" Forgive yourself for being human, it's okay to cry, but rejoice in laughter, it will only heal you and enrich your body by creating endorphins.

If I can do it, anyone can!!     Be well!

## ***Chapter 23***

***What are you laughing at!!??***

***October 4, 2006***

Usually this question amongst the Western Population { only one I am experiencing at this time } seems to be a paranoid filled question in attack. Well for anyone who sees me and my smile, I will answer this question.

-The Greatness and Wonder of it all - that's my reason!!

- I KNOW - My Father - Mother God Creator.

- I KNOW Of the Love of LOVE.
- I HAVE the Inner Peace I so always sought.
- I KNOW I've been blessed more times than I can count in one Day.
- I KNOW I don't know hate, but try to be Understanding.
- I KNOW we are all of the Same (Source), we only make different choices.
- I KNOW to only give, not expecting a return - only the joy of self gratification.
- I KNOW the great rewards of higher awareness.
- I KNOW there are No Bad People only bad behaviour, everyone can be forgiven.

- I KNOW we are each a reflection of ourselves and God.

- At this Point I KNOW I've made my point,  
(Ha!Ha!) :)

If you have lost anyone from this earth in physical death don't be sad!! They haven't left and they are always in a joyous state of infinity. Sometimes I hear the laughter and feel the smiles of my spiritual Ones, quite often in fact, especially in my own silliness.

In a former article I wrote (titled) Hugs! I mentioned the hugs I missed from my Dad. Well

there's a hugging ability I've discovered in spirit only attainable for a small price. It costs only to live in the - "Be Still and Know - Realities available to all who seek within.

With all the atrocities in our world, those of which I am not blind, Our Father does not want us to buy into fear in any capacity, nor should we - it would only serve one purpose (to distract us from the true reality of our very existence) and "who does that serve?!! "

In studying the Truth as only God, Allah, Jehovah only to name a few references to the same



Understanding by all - "There is a great liberation in understanding all things are necessary for lessons learned by man.

You can't understand GOOD without evil, it's the choice one makes, to learn to live with only Grace, Mercy and Forgiveness - that's what really matters, isn't it?

I believe we've all chosen our paths in this life and each made a promise to our Spirit infinite self - even the bad guys (who are actually Good People behaving badly)!!

There is a new evolution taking place. The greatest

reward is in what part you decide to take in it. How we children find our way to total God living reality can be in different routes. I've chosen Christ in the Divine Order of Melchizedek because it found me at the perfect time in my life, a critical time in my life.

A Dear friend & brother recently asked me if Melchizedek had much play in my new existence. Well I must say to You - for me there could be no other way but the **WHOLE TRUTH** Which can be found in Ancient Sacred Teachings of Men and Angels.

Thank you, my brothers and sisters, for all the joy your work has brought me! **I LOVE YOU ALL**

INFINITELY WITHIN GOD. Joy and Happiness is not limited when you embrace love every moment in the Father and in One's Spirit Self which is the reality of Who each one is, not a Human being but a Spirit Being having a Human experience.

Make that commitment to yourself and the abundance of Heaven on Earth will be yours for the taking, I promise!! Laugh at yourself. Why let other's have the monopoly on your gift to entertain. SILLY in ancient language means BLESSED!

WHAT ARE YOU LAUGHING AT?

## ***Chapter 24***

### ***Get Over Yourself***

***October 8, 2006***

#### **GOD'S OCTOBER HARVEST**

When you realize how many times that little voice (infinite wisdom) has been trying to tell you, "get over yourself". Your ability to put it aside has created most all your problems (E.G.O.). In other words, I believe we create our own problems. Ultimately we are the ones who decide our reaction to what most of us blame everything on!!

In all honesty we've all had negativity enter our lives at one time or another, some extreme, others not so much. In every negative experience there is still a lesson to be learned. Fear is everywhere in today's lives, whether it's been fear of others, of ourselves, the truth, your mortality, etc. It's only causing hatred, war, anger, miscommunication between friends and family, co-workers and your health to be effected (mental illness, heart disease, obesity, sickness, etc.). DON'T LET IT. Downgrade it. Work to make it minimal in your life. Eventually, perfecting just this one choice will better your life so significantly you will adapt the philosophy that "it will not be an option for me!" You will begin to live in full spirit reality in partnership with your Creator.

What better payoff could there be then Heaven on Earth??

NONE.

Erase "should have", "could have" and "would have" from your vocabulary. Forget the details, it's nothing complicated, no one has any one more advantage to achieving it than another. In God we are all equal in knowledge of awareness and as HIS Children, all equally Loved.

You can't affectively love others if you don't love yourself. Like it or not, that's REALITY!

We ALL have our appointment with Infinity (death

of physical life) but we could not cease to exist in REALITY either. One can not destroy what God has created. Close your eyes, picture what or who you want to see and it will be infinitely possible because all is Reality in our true Spiritual Selves. Next time replace those negative thoughts, or actions with this awareness, then death of unawareness will finally bring you to LIFE'S true purpose; to become GOD-LIKE.

**Fight for your Right to Life!! It' your time!!**

## ***Chapter 25***

### ***Join in on the Golden Harvest Celebration***

***October 30, 2006***

Sin is the measure of unwillingness to be divinely led and spiritually directed by The Father's Will.

Iniquity is the measure of the continued rejection of the Father's loving plan of personality survival and The Son's merciful ministry of Salvation.

For more Refer to page 1660, Paper 148, of Part 4 the Urantia Book: 'The Life and Teachings of Jesus



Christ'.

The Truth of God consciousness, sought within by those who wish to honor their responsibility to Our Father/Mother Creator, is to ascend to a Higher awareness to know and become as God (In Who's Image we were created). To be true perfection, in which time holds no value. It is inevitable at this NOW place where God has blessed all his children on the Planet of Jesus, His only Begotten Son with our most treasured gift of Heaven on Earth here for all faiths, but only to the Faithful. Those who walk in the footsteps of the Son's of God, who are devoted to stay behind to help the wayward little

JOIN IN ON THE GOLDEN HARVEST

feet of his lost or confused children, as Moses did the same.

This is the time of The Golden Harvest. We must collectively reach within our hearts. To the part of ourselves which is born in each baby, as we are all part of God. In Him we all have the ability. There are no favourites amongst us. Our God is a fair God, a Forgiving God and a Loving God, a Righteous God!

To merely feel you believe is at best a beginning, but not enough for One who has blessed us, so richly, with our every breath and moment in this life

and throughout infinitely. Maybe you are waiting for the Messiah Jesus to return in human form. Only last time he walked the earth he was crucified, by man, on a cross. Not This Time! He has returned as the Christ Michael consciousness which can not be destroyed, but lives within the Hearts and minds (Souls) of every man, woman & child. To deny this is only to deny the very belief, one claims to have, of Faith that God even exists!!

"BE STILL and Know, that I Am The Lord, Thy God" are not just words to speak, but to Pay attention to, to understand. Listen to that little voice within. You will notice it sounds familiar. This is

because it is He/She you so seek, within you. Not (coming from) around you (but reflecting around you from within). Commit yourself to finding an understanding in awareness to this idea of Truth and join in on this celebration of the October Harvest!! Don't take my word for it - I had to discover it also.

As Jesus said, at the last supper, to his followers, *"In just a short time I am going to leave you, you will see me no more on earth, but you shall all see me in the age to come when you ascend to the Kingdom which my Father has given me."*

Bless yourself with Glory to the Father by sowing

your seed, of commitment, to Harvest in future  
Celebration of Joy & Peace.

The adventure of Divinity Attainment lies before  
you! The race to Perfection is on! Who so use Will  
may enter the Kingdom of Heaven on Earth.

Alleluia!!

Amen.

## ***Chapter 26***

### ***Respect - A Ticket to Paradise***

***November 19, 2006***

Seems to me as far back as I am aware, one thing is for sure, "There has always been an abundance of DISRESPECT being passed around this Planet Earth Urantia Shan. But there is a Great New Order of God Light descended upon this earth. In this Holy Order there will be no place, no want for such negative nonsense.

As we enter into this holiday Season - Remember:

Jesus did not suffer for himself - but for others!  
If Jesus walked up to you today with long hair,  
darkened skin-tone, speaking another language,  
from another culture, what do you think you'd say  
about that? Would you listen?? Or would you laugh  
at His Self acknowledgement and Ridicule Him in  
Disrespect? Or would you Love and Embrace  
Him??

So tell me why did Jesus die? Did man listen to  
Him? Do we all live as Jesus did? Do we even think  
about that? Most people are quick to use his  
teachings, usually for there own agenda. Many adapt  
Biblical quotes and stories to no avail because so  
many don't want to even discuss GOD. Those who

remain Faithful to our Divine Purpose in Our Creator, are the most ridiculed in my experience.

Step back - If you don't rejoice in speaking of Jesus the Christ as your Lord and Saviour. If you disrespect the true allegiance of the faithful you are in no way serving the Lord, Thy God. So the question remains, whom do you think you are serving??

The true reality is in dis-respecting others or yourself, you are truly disrespecting that which you claim to call your GOD! This is a blatant fact of your very own existence! Make no mistake, those



very people who are ridiculed as Jesus freaks or born-again, or whatever one's choice of ignorance, these very followers, spiritualists or faithful servants of the Lord can't be hurt nor dismayed by Fakers !  
AlleluJah! They are on the path to reaping what they have sown for what's on the horizon for those who chose to honor their Provider, healer, Counsellor, Parent, Friend, Ever Present Creator, Jah Who only asks in return for Love and Respect!!

This body has broadened the spectrum from which I experience the physical aspect of this life.

Many seem to give equal DISRESPECT everyone.

Young, old, a friend, stranger, lover, child, fat, thin, happy, sad, healthy, sick, white, black, rich to poor, educated or not, doesn't seem to matter.

**DISRESPECT DOES NOT DISCRIMINATE!!**

But there is one common factor:

- we are all of the Same Source,
- we are all of a reflection of Infinity Within (part of Our Creator)
- so, we are all in the Same One.
- All of the same Light (Spirit).

Well talk about biting off your nose despite your face! By not loving others enough to respect them, one is totally Disrespecting GOD!!!

Recognize that your position in this life, financial

status, race, beliefs or lack thereof in no way exempts you from your responsibility to THE HOLY GUARDIAN ANGEL. We must agree there is a place to start your God/Child relationship. I believe RESPECT is that place. Respect for yourself and for others. It is the ticket to ride on out of the old into the new all inclusive trip to PARADISE. So gather your loved ones and get on board, you will want to share the joy TOO!  
Peace be upon you!!

**R.E.S.P.E.C.T. The TRUTH!**

**Righteousness**

**Endeavours**

**Show**

**People**

**Everyone**

**Can**

**Teach - The TRUTH !**

## ***Chapter 27***

### ***NEW DAWN ARISING***

***November 26, 2006***

We are all the same in that we only differ by which way we decide to love and treat ourselves. To honour One's-self is the Ultimate compliment in which the way We use Our Freewill.

Our very own God and given ability to use this FREEWILL in whichever way we choose will result in how we spend time in this human experience. Everyday we have a new (collection of experiences).

These experiences are the BLESSED TOOLS which Our Gracious Father so wisely Gave us as our first birthday gift.

*"Children I trust you unconditionally, you may choose your own path,.. tread carefully my little ones. Take not a step before it's prior thought... for then, if not, you will fall into the ruts that will bind you in slavery... not of mind but of all that is not me."* For as surely as there is The Kingdom of God, we shall reap what we sow.

**In actual realization of my True Blessings in this Life**, in desperate, sad, fearful times in my life, **Spiritual Ascension**, in full understanding of ones own capabilities to bring Joy so abundantly to ones

**self, is surely worth doing for any price.**

If I not only knew what I know now, but also understood, as I believe I do now, life would have been a much smoother ride. Only in this new found awareness of the TRUTH (in hindsight) "I know it could have been no other way".

It's when we actually learn to perfect "BE STILL" and listen to that part of ourselves that is waiting for us to awaken to our true state of consciousness that we can have any knowledge as to Man's True SELFHOOD. The best thing is that this is the only way to fully grasp the fact that we are all Brothers and Sisters in this Cosmic Family, for we are all equally blessed with this ability I speak of. Oh how

Our Divine Parents Truly Love Us.

Could you allow your children full freewill the way they do from birthday to physical death? Without fear, with limitless unconditional love, no matter what, always there to listen, to assist? Man must fully learn by example these very same attributes of Our Creator.

I believe our children should know they have this WAKENED REALITY set in place for them and it is our job to accomplish this understanding WITH THEM. If as parents we fail our children, then we have failed ourselves as children too.

"I salute the God within You"



Please read from The Urantia Book:

The Family: Birthplace of Cosmic Citizens

-JESUS DID NOT FAIL!

-HAILE SELASSIE I DID NOT FAIL!

-NOR SHOULD WE!

My description of ascension would be to say:

"If I took the most perfect moment in my memory  
and infinitized it in joy it still would not explain.

Truly one must experience it to fully comprehend".

Praise Jah!! For He Is Mighty in JOY.

The best part is we all can awaken to embrace the

NEW DAWN ARISING. We are so rich in ability, but nothing could be possible without God. There would be NO-THING, not so much as a single thought, nor breathe, but for JAH, The All in All, I AM AS I AM, For it is truly Thy Will!!

Thank you, Lord Almighty. For in this life and throughout Infinity I THANK YOU, LORD.

I AM TRULY BLESSED, I Remain your humble  
Servant!

Jesus said, "Suffer little children to come to me; forbid them not, for of such is the kingdom of heaven. Verily, verily, I say to you, whosoever receives not the kingdom of God as a little child

shall hardly enter therein to grow up to the full stature of spiritual manhood."

For more read Paper 167 - part 6 of The Urantia Book \* Blessing the Little Children

### ***MATTHEW 18:1-7 KJV***

*At the same time came the disciples unto Jesus, saying, Who is the greatest in the kingdom of heaven?*

*And Jesus called a little child unto him, and set him in the midst of them, and said, "verily I say unto you, except ye be converted, and become as little children, ye shall not enter into the kingdom of heaven. Whosoever therefore shall humble himself*

*as this little child, the same is greatest in the kingdom of heaven. And whoso shall receive one such little child in my name receiveth me.*

*But whoso shall offend one of these little ones which believe in me, it were better for him that a millstone were hanged about his neck, and that he were drowned in the depth of the sea.*

*Woe unto the world because of offences! for it must needs be that offences come; but woe to that man by whom the offence cometh!”*

## ***Chapter 28***

### ***Faith = Miraculous Miracles***

***November 29, 2006***

Mighty, mighty Jah! How great Thou Art. We, your children tend to carry on from day to day not in awareness of much of anything. I say this because I've paid attention. To understand any lesson you must experience it first.

There's been a great new Day set before us. It's the time of Miraculous Miracles which can only come to reality with NONSHACKABLE FAITH. Faith in

knowing you give yourself and your very life to God as your teacher. Not by saying so but by embracing each day 24/7 with appreciation for your existence. No matter what the cost... FAITH has to be first and foremost in your life.

Have you ever given a gift to someone, a gift which took effort to pick out in hopes of pleasing that person? In doing so, was there ever one that went unappreciated? What was the cost - money? Did you feel bad? Well, wake up you all! REALIZE THIS: We have been given gifts throughout endless time in our existence, and how do We give thanks or appreciation? Do we thank God upon wakening

from sleep for another experience with whatever faculties we've been so generously provided??

Do you eat? Have shelter? Have access to clean Water, heat, clothes, a voice, thought, vision, hearing, legs, feet, arms, hands, organs to pump the very blood which Our Saviour and Lord Jesus Christ shed for our Salvation? Can you eat, dress, bath, care for yourself, walk, dance, sing or smile? Where do you think these things and abilities come from?

NON BELIEVERS, LAUGH ALL YOU WANT,  
We will all have to testify to our Faith at some point.  
Are you one who is not openly, in actions or words,

giving any Thanks & Praise for every moment in this Ever so Precious Life?

Are you ill, feeling alone, hurt, mean, insulting or do you abuse specific pleasures that make you irresponsible to yourself, friends, children, GOD?

Are you happy, in good health, safe, do you love all who enter your everyday with Grace, Mercy and Forgiveness??!!

Do you have a Mom, Dad, a Sister, a Brother, a Child of your own? The point is ...if you've been lead down in the pity path, the woe is me path, the I want bigger, better, faster, prettier path, path of



anger for another or yourself, what are your intentions?

Are they always intentions you are at Peace with?

It's a new day, it can be the beginning of the life you so want, deep inside. To face your Mortality? Are you ready? If so, go with God's Blessing! If not, then there are tools available.

They don't have to be bought, found or given. Within Each of Us we were Gifted also with the TRUTH within. All along each individual path there are Blessings everywhere, and don't underplay each experiences' significance either, for they are all

equally laid out for us.

Take the time to know God. There can be no failure in this journey, but it can't be done for you, but by you! Step up to the plate (children should obey their parents when it's for their greater good). We should all show our Father/Mother Creator our Appreciation. Faith is the Key to Love, Respect and Full Acknowledgement to where IT ALL comes from. Nothing could be possible without God, not even this Book.

Peace Be Upon You!!

"Human things must be known to be loved, but  
Divine things must BE in order to be known."

For more read Paper 102 of the Urantia Book  
entitled THE FOUNDATIONS OF RELIGIOUS  
FAITH.

## ***Chapter 29***

### ***UNDERSTANDING***

### ***GRACE, MERCY and FORGIVENESS***

***December 6, 2006***

"Sickness is Sickness, with God  
one can handle whatever comes."

The TRUTH be known, lack of God Consciousness  
in so many others can cloud even the most faithful  
God Child. Waiting for others to heal you does not  
complete anything, for most have to heal themselves

not only Physically but Spiritually. Don't lose sight of your" TRUE REALITY".

ONLY UNDERSTANDING one's self vision can accomplish a pure, clear, loving relationship with the All in All through GRACE, MERCY and FORGIVENESS. I've written many times of these three attributes, I repeatedly stated are necessary for Inner Peace and Spiritual Purity. I also repeatedly state I can only write of my own Blessed experiences of which I've become a great Master of UNDERSTANDING. So in serving my Divine Father/Mother I've been dedicating my own Life's path through Shared Works.

Thus far my path has shown me everyone has their own Unique experiences of course, that goes without saying. But I must say we can all learn by reflecting on the fact that some have more, some less, of all things good and bad, happen in their lives. The problem is many of us, knowing this fact, still judge others by their close, size, wealth, looks, etc., usually in a negative way.

The first step to even understanding GRACE, MERCY and FORGIVENESS is to judge not lest ye be judged! Let he who is without sin, cast the first stone! Or, people who live in glass houses, shouldn't throw stones! Understand as you would want to be

**UNDERSTOOD! Treat other's as you would want to be treated.**

To have GRACE one must first understand" WE OWE EVERYTHING TO OUR CREATOR!" In doing so we must respectfully give the same Love, to others, GOD gives All His Children. EGO has no place in knowing GRACE.

To have MERCY, one must UNDERSTAND the phrase "lest ye walk a mile in thy shoes." None are exempt in human life from an ill thought or action, be it consciously or not. We are all but human! It's all in what thought or action that follows which

matters! I believe the cure is to seek Redemption and to learn the lessons you've been shown is a must! We must attain the ability to Love All Mankind. Infinity within is God's very BEING.

FORGIVENESS can be summed up by the very words of Our LORD AND SAVIOR JESUS THE CHRIST, "Father, Forgive them for they know not what they do". If One knows DIVINITY, then You are practicing what Jesus spoke. If not, you must UNDERSTAND DIVINITY is not possible while anyone is holding grudges, hatred, ill will or disrespect for another (no matter what)! Anyone who does not totally exempt these actions from their



behaviour or thought should KNOW:

If you TRULY KNEW DIVINE LOVE (GOD), you would not want to be unforgiving!

Pray for MERCY for those who should FORGIVE, in doing so you have accomplished GRACE.

AMEN, AMEN!!

“Truth is living; the Spirit of Truth is ever leading the children of light into new realms of spiritual reality and divine service. You are not given truth to

crystallize into settled, safe, and honored forms.  
Your revelation of truth must be so enhanced by  
passing through your personal experience that new  
beauty and actual spiritual gains will be disclosed to  
all who behold your spiritual fruits and in  
consequence thereof are led to glorify the Father  
who is in heaven. Only those faithful servants who  
thus grow in the knowledge of the truth, and who  
thereby develop the capacity for divine appreciation  
of spiritual realities, can ever hope to "enter fully  
into the joy of their Lord." ~ *Urantia Book - Paper*  
*176.*

## ***Chapter 30***

### ***The Planetary Prince of Urantia Birth of the Christ - Amen!! -***

*December 21, 2006*

JOYOUS NOEL

Many who celebrate the Birth of Jesus, The Christ, fall by the wayside, lost from the True Celebration and meaning of the Christmas holiday. You must celebrate the True Joy of HIS Birth, Jesus, the Baby Christ. Not the joy of man's giving of gifts to one another in friendship and love but once a year as so many seem to do this very thing. (false honour)

Jesus was born of Mary with the Greatest Purpose, to fulfill God's most significant Gift to man, a chance to Redeem himself by the Holy Word given by Jesus his only Begotten Son. This Holy Birth was the greatest Blessing to all men, women and child to come, even on this very year of our Lord and Saviour, Jesus The Christ, 2006 AD. HIS Birth was our Gift from the Most High Creator, One GOD, Master of all creation.

This very Day of Our Lord is also not truly celebrated by dedicated followers but once a year, but in all Days of each year come to pass in dedication of any cost, to oneself. "That is true Christianity".

I Believe God takes great Pleasure in His Children spreading love and peace towards each other, but not only at Christmas celebrated as one day a year. Jesus was not born of the Earth Urantia Shan for a mere one day celebration, but to Deliver the True meaning of Our Birthright, to Ascend to the Heavenly Kingdom of our Father in True Christ Consciousness. This is the "meaning of Christmas", to celebrate the very fact of Honoring this Divine Deliverance of the Christ Savoir, Child.

Truly honor THIS DAY by embracing the very life of Jesus. For it was for us He came, lived, taught, and was killed in order to bring us to the One Truth of Our Father, Jah! To bring us to Deliverance of

Thy Father's Kingdom of Heaven! Allelujah!

In educating ourselves on the One Truth, only then can we live as Christ followers. This Day is not for one set of Religions of man but for All Faiths upon God's Earth, to acknowledge The Birth of Jesus the Saviour of all men/women/children.

There have been many prophets of Our Lord, GOD. I respect each and every one and I sing praises to all Dedicated Officers of the Cosmic *Galactic Federation of Light Forces*. But there is Only One Jesus The Christ.

It is only with acceptance of All men/women of every color, race, creed and Faith can one even begin to deserve the very Deliverance of Our Jesus

The Christ Child. God is no Fool! We Must live and die by the Word only to live again through the Sacrifice of the Very One, Son of God.

Teach your Children the 10 Commandments of God, take the joy you feel and show by example who Jesus is and Why he was born of Woman (Mary) the Blessed Mother!

Dedicate your life. Live your Human existence as a True Walker of the Path of Jesus. Let not his very birth go in vain in your life or your children's lives. There is only one path to Eternity in God's Kingdom, this is Fact. I know because I reside in Heaven on Earth and know of many that also claimed their Birthright of Deliverance through

Jesus the very child of whom we celebrate His Holy Birth.

There is no TRUE attainment of Wisdom other than to Walk the Walk of Salvation in Redemption of oneself to live with Jesus in our Father's Kingdom.

I say Patience is the ability to see God in all mankind and in all aspects of a person's situation in life. This Food for thought is the very Manna from the Heavens which we must all eat of to feed our Spirit in Jesus' Name and True appreciation of all that was, is and will ever be.

In this work of God, the Celebration of which there



is none greater, the question I get asked the most is  
"Why do you do this, where is your payment?".

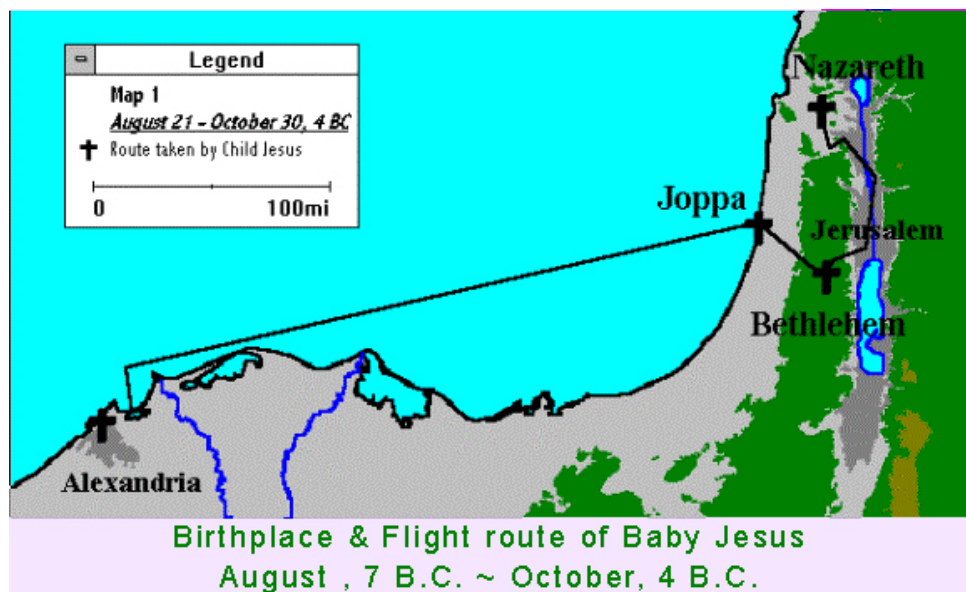
Well my answer is this:

"At this point in time, for me and those I am blessed  
to work with, the \$ factor is of no significance. The  
Work is! (a great Blessing)

I feel I must also convey, to all curious, the payback  
is the abundance in life I've been blessed with, from  
my very breath to those who love me and most  
importantly my home in God's Kingdom where I  
reside with the Most High, Jesus The Christ and  
Saviour, which can not be bought!

I thank God for this past year especially for the Joy of Love I've been Blessed with through the Holy Spirit. This time is the transient evolution which Jesus spoke of in Biblical times.

Please take Joy in Reading **Paper 93 of the Urantia Book.** "**Machiventa Melchizedek**"



**For this occasion Anna had written a poem which Simeon proceeded to sing, much to the astonishment of Joseph, Mary, and all who were assembled in the temple courts. And this was their hymn of the redemption of the first-born son:**

*Blessed be the Lord, the God of Israel,  
For he has visited us and wrought redemption for  
his people;*

*He has raised up a horn of salvation for all of us  
In the house of his servant David.*

*Even as he spoke by the mouth of his holy  
prophets—*

*Salvation from our enemies and from the hand of all  
who hate us;*

*To show mercy to our fathers, and remember his  
holy covenant—*

*The oath which he swore to Abraham our father,  
To grant us that we, being delivered out of the hand  
of our enemies,*

*Should serve him without fear,*

*In holiness and righteousness before him all our  
days.*

*Yes, and you, child of promise, shall be called the  
prophet of the Most High;*

*For you shall go before the face of the Lord to  
establish his kingdom;*

*To give knowledge of salvation to his people*

*In the remission of their sins.*

*Rejoice in the tender mercy of our God because the  
dayspring from on high has now visited us*

*To shine upon those who sit in darkness and the  
shadow of death;*

*To guide our feet into ways of peace.*

*And now let your servant depart in peace, O Lord,  
according to your word,*

*For my eyes have seen your salvation,*

*Which you have prepared before the face of all  
peoples;*

*A light for even the unveiling of the gentiles*

*And the glory of your people Israel.*

*{ The above Poem is from Paper 122 of The Urantia  
Book }*

*Suggested reading related to the Celebration of  
Jesus The Christ Child's Birth: Read paper 122 of  
The Urantia Book - The Birth and Infancy of Jesus*

On behalf of All Light Workers of The Divine  
Order of Melchizedek and my Family, I send Glad  
Tidings of Joy, Peace, Love and God's Blessing  
during Christmas and Infinity throughout time to all  
our Brothers and Sisters of God's Family.

Joy to the World, for the Lord has come...

## ***Chapter 31***

***You are simply***

***The TRUE GOD FATHER of Soul***

***1933 – 2006 Dec. 26***

**Our Legendary Brother of LOVE**

**James Brown – God Bless You! Amen**

We acknowledge and celebrate the God given quality of this great man who has brought Joy to so many throughout all time and space. It seems only



fitting that you joined that you joined in on Jesus  
The Christ's Birthday Celebration in the Heavenly  
Kingdom, on significantly this year of 2006.

The Heavens Rejoice in the Greatest Concert to  
date with the arrival of Our Urantian Brother as he  
rejoins all those he repeatedly paid homage to in  
"I got You (I Feel Good)" ...from Elvis the King of  
Rock and Roll, to Bob Marley The Great Prince of  
JAH RAS TAFARI to John Lennon A PRINCE OF  
PEACE. In Memory of Your Life, I Salute you my  
Brother James- you are surely "SUPERTASTIC".

**Live on in The Glory of God**

## ***Chapter 32***

### ***A Light Worker's Prayer***

*Thank You One In All!*

*Thank You Father*

*For All You are in Me,*

*I Thank You to all that laugh at others weaknesses!*

*For it makes Us strong..*

*Thank You for those who disrespect,*

*For in doing so they teach us the meaning of*

***RESPECT.***

*Thank you for those who Ridicule,*

*For they help build our Character.*

*Thank You to those who discriminate,  
For they teach Our Spirit to live to give us strength!  
Thank you for those who do not believe our words,  
In doing so, they give those words TRUTH!  
Thank you for the ignorant,  
for they teach us  
To Accept all as equal partners whom share the  
Same Light!  
Thank you to the weak,  
Because you make Us Strong.  
Thank you all, good & not so good,  
For you carried many lessons that lightened our  
load!  
Thank you to the mean,  
you taught us true Kindness!*

*Thank you all who call us Silly,  
For Silly originates from the word Blessed!*

*Thank you to the little children,  
The Daija's of the Earth.*

*Thank You for the Blinded,  
For it is for you we show the Light!*

*Thank you for those whom have loved us,  
For they provided the fuel to travel to the Kingdom!*

*Thank you all for your time,  
Which we used to set the crooked way straight.*

*Thank You Father for all things are necessary,  
It could have been no other way.*

***"We'll Be Forever Loving Jah!"***

## ***Chapter 33***

### ***WHEN THE WORK IS DONE***

ALL THANKS AND PRAISES TO JAH RAS  
TAFARI – our EVER LIVING MOST HIGH  
FATHER/MOTHER CREATOR FOR YOUR  
GUIDANCE and BLESSINGS

MARY LINDA ... GOD WITHIN

## **Part 3**

### **The I AM That I AM**

(Reflection of My Journey)

## ***Chapter 34***

### ***A LESSON OF DISCIPLINE***

Respect, we must earn in life, you can't demand It.  
If we haven't there is no one to blame but ourselves.  
But in God's Infinite Wisdom, He knows some  
haven't learned. So, shake it off and pray for them.  
Remember Unconditional Love. Do unto others as  
you would have them do unto you. Life will still go  
on, so take a breath and clear your mind.

The ignorant are having their final hurrah. I see it as

one's own insecurities, not my problem. Freewill can be a bitch when used to inflict pain and sorrow, but that's the deal God has made in Divine Love Partnership with all His/Her children. The very same can also take one to Paradise (Heaven on Earth), so it is a positive thing. We must all use our choices only for the greater good and best of intent with Love.



## ***Chapter 35***

### ***My November Miracle***

***(I DID IT!)***

***November 28, 2006 7:16 P.M.***

Dear Heavens, what a Joy I feel. How I want to sing out Jah's Praises, but my voice is sick so I'll write of it. My two dogs, Buttons and Chance wanted to go outside to relieve themselves. After considering my situation I decided I would walk out to the step, tie up Chance and let little Buttons off to pee.

Next thing I know, I'm standing in my backyard. I

was immediately drawn to the Heavens...as usual!

I said “HELLO Everyone, I Love you so much Father” and I gave thanks for being able to walk out there. This was something I hadn't been able to do for years. Actually it was the first visit to my backyard alone, in the two years I've been living at this location. At that point, after a few steps to the backyard, I felt This Amazing confidence telling me I should try to walk Buttons. I walked the perimeter of our land, then up the paved driveway where I stopped at my son's window. I yelled out, " Jason...out here". As the curtain drew back I knew I had to look into his amazing eyes. They were smiling in true Joy for me as I told of my

accomplishment.

"I did it", I yelled!!!

It had been six and a half years since I've had such physical freedom. My body, IT WORKED!! I was even pain free for that time. GOD is Truly Great!! I know how I did it, as would any Butterfly.

"Heaven is the place to be!"

## ***Chapter 36***

### ***COSMIC COMMUNITY***

Members of the Cosmic Way Community are Citizens of the 8th plane of consciousness. We have ended all prevarication. We have been teleported into the Upper Kingdom via inner radio and spiritual humility to fulfil the promise of the beatitudes spoken by Jesus Christ - "Blessed are the meek (4.1 Masters) for they shall inherit the earth" - Amen! (Amen means "so be it" it acts like a seal.)

## ***Chapter 37***

### ***TEARS OF JOY***

*Sometimes, Sometimes when I'm alone  
Sometimes when I'm alone I sit, I just sit,  
I just sit and listen to music, Sometimes,  
I listen to music I Love, Sometimes I  
do this and cry. I cry with the biggest smile,  
I smile with the Biggest smile,  
with the biggest smile ...I squint,  
Sometimes I do this and cry,  
I cry with the biggest smile...I squint,  
I cry because I am overwhelmed,*

*I am overwhelmed with Joy by living  
in Heaven and being Blessed enough  
to Know it is all TRUE and I AM  
so Blessed in all I have, and in all  
whom Love me .So Blessed to be alive,  
alive as never before . So Blessed to have  
my FAMILY. So Blessed to have my Cosmic  
FAMILY who Love me too.  
I am so Blessed To BE, I am so Blessed to be FREE.*

## **Chapter 38**

### **HEAVEN WITHIN INFINITY**

**(POEM)**

*When I think back on my life in Zion,  
It was so necessary,  
To bring me home to my birthright, as  
promised.  
Heaven within infinity,  
was where I was headed,  
Now I've been found  
All the sorrows had no power,  
for we are to have our hour, with Love and*

*Light,  
all can see our Creator.  
Heaven within infinity,  
was where I was headed,  
now I've been found.  
Jah has blessed us so much,  
we feel compelled to spread,  
the amazing words that they said,  
co-created by Mom and Dad ,our Divine  
Parents,  
Heaven within infinity,  
was where I was headed,  
now I've been found.  
Guided by the Light ,that shines so bright,*



*Divine Love, Truth and Wisdom,  
not spoken but given by example,  
was the work to be done.*

*Heaven within infinity,  
is where we've all been headed,  
we can all be found.*

*Blessing our Brothers and Sisters ,with  
Grace, Mercy and Forgiveness,  
that's how to show the way,  
climb the Tree of Life, till you've had your  
fill,*

*to know when we must Be Still.  
Heaven within infinity,  
for those seeking Jah,*

*there He/She waits to greet us all.  
Partiality is not your answer,  
be careful for we must be Faithful,  
He/She can't be fooled by our words,  
but judges only by our work.  
Now you may find that which you seek,  
all your life ,so join the meek,  
as it is written, "we shall inherit the earth",  
now we know infinity has no birth.*

## ***Chapter 39***

### ***THE TRUTH***

#### ***(WHAT I BELIEVE AND KNOW)***

I BELIEVE I was born for many reasons as we all are. Some I am now aware and know in FAITH there are so many more to come.

I BELIEVE my childhood ended in my father's physical death to begin a long journey on many levels. Patience, Forgiveness, Compassion, Faithfulness to name a few.

I BELIEVE these teachings gave me the lessons to create the circumstances which brought about the birth of my eldest son, El Christos Jason DeCoste (two eyes) in 1978 specifically in Toronto, Ontario. The bringing forth of an Emergency Son (Melchizedek Son) as was determined by the order of the universe at this time of the Great Evolution through Thee Divine Order Of Melchizedek bringing our planet Earth to her Destiny of a New Heaven on our New Earth Urantia Shan as was promised through our deliverance by the sufferings of Our Lord and Savior, Jesus The Christ over two thousand years ago.

I BELIEVE the True Purpose of his(Jason's)  
amazing life will deliver many of God's Children-----  
In this I have full FAITH

I BELIEVE AND KNOW I 've been so Blessed to  
work as a Humble Servant in partnership with our  
Divine Mother/Father Creator.

I BELIEVE and KNOW I've been Blessed to work  
with my Christ Family ...El Christos Jason, El  
Shaddai Father Jerry Markham, Our Lady Bishop  
Peggy Lee Webb Markham, Sovereign Sister Dr.  
Winifred Grace Barton, Supreme Buddah Santana  
Westbrook, and Ambassador of Light Akili

Hight....THE TEAM (my Cosmic Family) of Lightworkers who came together on His/Her Majesty's Service where we each showed up and completed our mission for The Greater Good of all Children of GOD.

I BELIEVE I became ill as a final offering to our Divine Parents in a lesson to become aware of so many wrongs to better myself as a knowledgeable Lightworker. In doing so I BELIEVE in FAITH and through our work I have been Blessed to realize in this life, the Kingdom of Heaven on Earth. In doing so I have obtained the Birthright which we have all been born of.

I BELIEVE future generations have been given a clear path to DIVINITY as never before in man's existence on Earth. Praise GOD for His/Her Word is Good. Blessed be the Son of GOD for He has set His people Free. Praise Jah! Allelujah!!!

I also BELIEVE and KNOW in FAITH and Awareness I have been Blessed with other Sons of GOD...Kenzie and Christian whom I KNOW were born of Greatness as significant as all whom are Children of GOD.

I BELIEVE none are perfect and I am very normal in the Great Scheme.

I BELIEVE in having Great Discipline is the Hat-check at the Heavenly Gate...as it were.

DISCIPLINE is in my awareness a Great Virtue to achieve, It can't be done without IT. (Ascension, that is)

*" My child, do not regard lightly the discipline of the Lord, or loose heart when you are punished by Him; for the Lord disciplines those whom He loves, and chastises every child whom He accepts,"*

*~ Hebrews 12:6*

I BELIEVE I've been so Blessed to have JAH embrace me in my efforts to please Him/Her in being a mere servant in word ( written and spoken )



in giving back for all I've been given in this life.

Thank You Jah!

I BELIEVE when all GOD'S Children have  
Awakened to the True Joy we've all been so Blessed  
with, Heaven will be in Full Potential to those who  
have already arrived. To have Peace with all that is  
even more a blessing and joy when sharing the  
same with others whom have gathered and  
Awakened to GOD THE FATHER WITHIN.

I BELIEVE it's ultimately the Pursuit of Happiness  
that can only be found in the TRUTH of OUR  
BEING and Purpose here at this linear time.

## **"BELIEVE AND RECIEVE !!"**

The one suggestion I would convey to anyone is to FIND THE TRUTH WITHIN FIRST. If not, your search for TRUTH can not flourish. Be Honest with our self, "THE TRUTH WILL SET YOU FREE." To find Justice does one not have to seek it first? Same follows through for the TRUTH.

Also make note...no one strives to fix that which they perceive to not be broken. Therefore we must accept and embrace our individuality in TRUTH and LOVE to even begin to achieve ONENESS with Our DIVINE PARENTS, to attain Peace of the New Heaven on the New Earth...AMEN!

## ***Chapter 40***

### ***THE TEN COMMANDMENTS***

#### ***(CHILDREN'S VERSION)***

First, I must honour God,

Second, honour His Name,

Third, On His Day be Holy, this will be Thy reign.

Forth, I must be obedient,

Fifth, Be Kind & True,

Sixth, Be Pure in all I say and see and hear and do.

Seventh, I must be honest,

Eighth, Be Truthful in all things I say.

Ninth, Be pure in all my heart, in all I think and

desire each day.

Tenth, I must be satisfied, not be jealous, come what may.

These are God's Ten Commandments, These I must obey.

These are God's Ten Commandments, These I must obey.

## **Chapter 41**

### ***One Infinite Divine Light- Prayer***

*Master of The Universe, Heavenly Father, Most  
High Jah Ras Tafari,*

*...May the reign of Divine Love, Truth and Wisdom  
be established in me this day as in all the world .*

*Help me to Understand and Manifest Thy Will this  
day... so that those about me may be helped by Thy  
Power in me. It is my desire with Thy Presence to  
enter and end this day giving only Grace, Mercy and  
Forgiveness for those who enter my day as well as  
for myself. In doing so, I wish to serve as Your*

*humble servant by Loving all others as we are all  
One In The Same.*

*I Pray I may live and teach through Your Infinite  
Wisdom, the Knowledge of Honesty, Courage,  
Service, Faith, Self-control, Purity and Non-violence  
as I and I instructed to restore The Goddess Energy  
to all women. God Bless Our Mother Earth and all  
Her animal kingdom as all mankind must learn to  
Love and Respect these Blessings without exception.  
I pray for all Lightworkers throughout the Cosmos  
for Thy Strength and Wisdom.*

*I pray for Swiftness for Equality and Righteousness  
for all children of GOD.*

*I pray for Peace to be Upon this Planet of Jesus, The Christ, our Lord and Savior.*

*I pray for the greater good for All.*

*I pray for my home and Family, for the Blessings we receive each and every day.*

*I sing Thanks and Praises to You Oh Lord, for the Holy Family I've been Blessed to work with in Your Name....Alleluia!*

*....Praise Jah for He has raised my very self from the dead, only to reside in the Kingdom of Heaven even on this Earth Urantia Shan, even on this Day of The Lord in the Presence of The ONE Infinite Divine*

*Light.*

*" For the Earth is The Lord's and the Fullness  
thereof."*

*Amen! Amen!*

*Mother Mary Linda*



## ***John 15:15-18***

*Henceforth ,I call you not my servants; for the servant knoweth not what his lord doeth; but I have called you friends; for all things that I have heard of my Father I have made known unto you.*

*Ye have not chosen me, but I have chosen you, that ye should go and bring forth fruit, and that your fruit should remain; that whatsoever ye shall ask of the Father in my name , he may give it you.*

*These things I command you , that ye love one another.*

*If the world hate you , ye know that it hated me before it hated you.*

## ***Revelations 22:7-21***

*Behold, I come quickly; blessed is he that keepeth the saying of the prophecy of this book.*

*And behold I come quickly; and my reward is with me, to give every man according as his work shall be. I am Alpha and Omega, the beginning and the end, the first and the last.*

*Blessed are they that do his commandments, that they may have right to the tree of life, and may enter in through the gates into the city.*

*I Jesus have sent mine angel to testify unto you these things in the churches. I am the root and the offspring of David, and the bright and morning star. The Grace of our Lord Jesus Christ be with you all. A-men.*

## **Part 4**

# **Video Transcriptions**

## ***TRANSCRIPTION 1***

### ***BEHOLD, THE CHRIST MICHAEL HAS RETURNED***

*(April 24 / 06) Featuring El Christos Jason  
Ayin One DeCoste*

[Click Here to Watch](#)

Subject - Behold:

THE CHRIST MICHAEL HAS RETURNED

DURING ARMADA 2006

AND THE ARRIVAL OF THE IFO'S AND UFO'S

AND ALL THE HEAVENLY KINGDOM

## ARRIVING FROM WITHIN.

Featuring: El Christos Jason AYIN DeCoste

*Jason:*

Praise Jah for Being here with us right now.

I'd Like to take this extra moment right now to thank  
The MOST HIGH GOD for Being Here with us  
Now, as We are Blessed with the LOVE flowing  
from infinitely within, as We are within Our Most  
High CREATOR and Our Most High CREATOR is  
infinitely Within Us.

GOD IS WITHIN US We look within to see the Truth. We are all equal. No one has any one step ahead of anyone else when it comes to being equal. We are all equal and that includes all of Creation regardless of age, size or time.

With GOD as Our Parent We can accomplish anything. Any time we've been told that "its impossible" We have been underestimated. Because there is no one that is more capable or that is more competent than Us Who are here right NOW. With GOD as Our Partner We can do anything, and GOD IS HERE NOW for Us whenever We want GOD. Whenever we ask GOD, GOD will do for Us. No

matter what it is. And it's the reason We are here now, is because of GOD. And it's the reason We have an infinite future to look forward to, regardless of the date, regardless if its 2006 or if its 10006. No matter where we are, even if it's a billion years and a billion eons from now, the time will only just be beginning as it is HERE NOW. NOW is eternal. NOW is the common condition that every being, regardless of the date or the time when they exist. Everybody can say, "I am here now". Everybody can say, "It is now". NOW is eternal and NOW is where we meet The Most High. NOW is when The Most High Within Us is reflecting around Us. And NOW is when we become aware of who We are. And We are Each One Face and Personality of the

Infinite Spirit with many, many, Faces Who is The Christ Michael Who's come. SO The Christ Michael. Who has come hasn't come as one finite Being, but has come as ONE INFINITE BEING that consists of All the total, limitless total of finite Beings that have ever been and are ever to come. And this is all to the Blessing of Us, this is all the Blessing that We inherit HERE NOW so that it goes on forever.

Infinity is Within Us, Each One of Us. Within every cell within Us is an infinite continuum, and in that infinite continuum is where the truth is. All that truth we see reflecting around us is doing just that. Its reflecting from what's actually within Us.



Infinity is within a star, infinity is within a person, infinity is within a cell, because size not matter. The cell for instance is made of small parts, and then those small parts are made of small parts and there's parts that go infinitely within. And every bit no matter what the size is in relation to how humanity perceives it or how any other created Being perceives it, every part of it all is always Infinity Within. And GOD is truly Infinitely Within and GOD is truly Who We are Within. And... this is being born in Spirit to know you are an infinite Spirit having a human being experience.

NO body is qualified, other than GOD, to know

what's in your Heart besides You. You and I have that in common, that for Us, we know what's in Our Heart and we know where Our, What Our, intentions are and We know whether we were ready or whether we avoided being ready. Or whether we showed up or we failed to show up to any particular situation to try to improve or progress or do what for the greatest good of all concerned. We know in Our Heart if we have been prepared. And the only other Person, the only other One qualified to know that is GOD.

and a... So when somebody says something external about you, you just look within and you find the

Truth. And that's where you'll find the Infinite Peace and the Infinite LOVE that always flowing from Within. And we can see that LOVE flowing from Within all creation, whether it's a finite being or whether it's a ... No matter what it is. If it's an incarnate energy or if it's a inanimate object, All Creation We see with our eyes consists of Infinity Within. And what's flowing from that Infinity Within, every person has it, every animal has it, everything has it and everybody has it, is an infinite flow of limitless LOVE; Limitless LOVE flowing from within All Creation.

And... that's really a reflection of what's within us.

And it's the same ONE Limitless LOVE that can not be measured.

When we look "out there" we see what's reflecting within. We can understand that and we can see that We are ONE by understanding and seeing what's real. And what you got to see to see what's real is what's within. And what we see on the outer world, the exoteric or what we see reflecting in the world all around us, that's reflecting what's really within us. And so what you see and what I see and what we all see is what's within us. That's how we can see our unity. If we realize that what we're seeing in the world is not separate from us, we're not separate

from each other. What we're seeing is the reflection of what's within us. So if you see the world and its within you and I see the world and its within me, then the world is within both of us. And that shows us the unity of how we exist here in this universe.

What we are doing HERE NOW is celebrating and receiving the Peace and receiving the Birthright to Live in Peace that gives us the fulfillment of Knowing that the Children of the world to come have this golden age of LOVE and PEACE and LIGHT that had begun and we have it HERE NOW, and nobody could have done it for us. We are the

Children Who were born and we're the result of what The Most High CREATOR has done.

As is Infinity Outward, truly is Infinity Inward. I LOVE YOU ALL. We are all ONE and for you to see me, for us to look eye to eye, for myself to see you would be truly to look at a living reflection of our self.

Thank You and continue Being Blessed with The Most High Infinite LOVE flowing from infinitely within All Creation, as We live and have Our Being and have Our Peace. And I salute You As The Most High Creator That You Are, AS WE ARE ONE.

PEACE.

## ***TRANSCRIPTION 2***

### ***TESTIMONY BEFORE SURGURY***

*(October 2005)*

*Featuring Mary Linda Coombes*

[Click Here to Watch](#)

Hi, my name is Linda and I'd like to tell you a little about myself. I've grown up in a ... middle class home.... I was basically a healthy person all my life. ...I've , I've...been ridiculed , I've lived through sickness, I've had mental illness ,sexual molestation... I've had many things happen to me in

my life that most people would think would put me down,... but they haven't.

(and...) The reason they haven't is because I've always had something to turn to. ... and I didn't have to go anywhere to find this. All I had to do was look within myself and there was the Heavenly Father, there to help me whenever I asked. The key is to ask and to know who the Father is because once He lifts you up He'll never let you go.

I know I may not look to be very sick right now, but I've been sick for approximately twelve years. At one time I couldn't get up and sit in this chair. Now I able to walk to my bathroom and back and I'm



looking forward to two surgeries which I hope are going to make me even better.

... I'm getting through this with no problems. I have no depression, I'm not nervous, I have no anger. I've gotten through my life because anger is not an option for me, unforgiveness is not an option for me. I don't have those options, I've never given myself those options because all my life I've lived by the words of , Jesus which were, "forgive them for they know not what they do."

And no matter what anyone has ever done to me in my life, no matter what medical advice I didn't get, what help I didn't get, it doesn't anger me because I

know that the Father will see me through. Not only will He see me through, but along the way He gives me Great Blessings.

If you're down and alone and you feel nobody cares, I'll tell you what my secret is. My secret is to go within myself and say Linda, ask the Father ... and I always ask the Father why and He has always given me a reason.

Even when I was a young child and lost my parents He still gave me the reason and I can see the reasons today. I can see the positivity that came out of the negativity in my life. So, no... No more do I allow any negativity in my life.

I've learned to deal with this with... no help? ...No !  
I've learned to deal with this because I've been  
Blessed. GOD has always been with me. He's  
always been there to help me up, to dust me off and  
get me ready for the next battle , and I'm gonna win  
this war... and I'm gonna win it with the Father  
beside me in Holy Spirit. ...and if you don't mind I  
just gonna look and see, cause there's a few things I  
(giggle) wanted to say

...um... I just want to remind people that Faith is the  
key. If you don't believe in your Faith, then you  
don't really believe. If you have the Faith, ..Faith  
will get you through the worst, the most violent, the  
most unspeakable, and the sickest times in your life .

There's no other way ...try! You can't do it without the LORD. The LORD is my friend and I feel Him and I have had a one on one bases relationship my whole entire life, and I know it will continue without, ...without fail through infinity because my Father is here to help me, as much as He is here to help you. Open up your heart to Him, He will not let you down .

Praise GOD ! Amen!!

## ***TRANSCRIPTION 3***

### ***TESTIMONY AFTER SURGURY***

*(February 12, 2006)*

*Featuring Mother Mary Linda Coombes*

[Click Here to Watch](#)

First off , I'd like to thank the Most High Heavenly Father, JAH for all of my Blessings, for all your Blessings, for all of mankind....and to extend my Love out to everybody who is listening to me.

.. I have a few things I'd like to talk about.

One is the last time I did a video was in October when I was facing a rather large surgery. Well since

then I've had my surgery. I've been Blessed with better health , ... I've turned fifty which you know I've been very Blessed that GOD has given me a bi-centennial birthday, you know, ...and a ...and I would like to talk about the TRUTH and anybody who has been to *Ancient Sacred Teachings of Men and Angels* is well aware of ...probably of the TRUTH if you read ...if you understood what you read, then you are well aware of anything that I am talking about.

So I would like to talk about how we must enable ourselves to accept people who haven't received the gift of the LORD yet, ... and we have to understand that we are all brothers and sisters. We're all ONE.

We're all one. You can't take away one without taking away all of us. GOD is in all of us. The Light shines within and it's there for us, and it's a gift ...and it's our reward for being Faithful to the LORD. Being Faithful to the LORD means many things. Ya know a conversation I've had lately with someone that I'm reflecting upon, where ... understanding of other peoples lives is very important. It's what brings on ... it brings on awareness of all negative things in the world. You can't go from day to day and live your life because GOD has Blessed your with a life of no sorrows, no worries and no pains because there are other people out there ...who are living sorrows, living pains and living terrible lives,... in poverty, in bigotry, in

separation, in homelessness, in fear ... and EQUALITY,... they don't have it. Well I think everybody's entitled to the same. You want for others what you want for yourself. It's only an instinct when you're living in Love to want for everybody, what you want ... because you want no one to go without.

It would be like watching your children go without. It should be the same for all people, ...and we're at the edge of a new, a whole new beginning of life with no war, no hatred. People may think that, ...that just by caring about other people you can't, ...you can't change the world, well I don't believe that to be true either, I think that if everybody had a positive



thought at least once a day the energy level of positivity on this planet would just radiate LOVE, and it would spread through the planet, ... and people would breath it in.

If you are someone ( like I said ) who understands what is in my heart ... I'd like to say "JUBILEE ", ( laughter ) I'd like to say, "Hello brothers and Sisters", I'd like to say " I know you're so Blessed" ... and I find that I feel so Blessed to be alive at this time, because when I was a young child and I eventually became aware of what was going on ... on this planet it blew me away cause I thought, "well... what can I do?" ...ya know, I can pray ...but what can I do? Ya know, I'm just a kid. But now that

I've lived to see so many people come forward and make those changes ... and specifically my Cosmic Family, whom I'm so proud of, and who I know have worked so hard to accomplish so much, in so little time, and I Love you all, and I thank GOD for you everyday. My LOVE goes out to you. I wish you Peace and Happiness, and GOD'S Blessings.

***TRANSCRIPTION 4***

***TESTIMONY OF***

***ASCENDED MASTER***

***MOTHER MARY LINDA COOMBES***

*(December 17, 2006)*

[Click Here to Watch](#)

Okay! On October (giggle), on Oct. 2005 I did my first ... video on the site for the Divine Order Of Melchizedek. Since then my life has changed dramatically, ... At the time I was suffering from toxic poisoning.... There weren't too many people that thought I was going to survive and especially to

become in any ways well, ... at that time I made a promise to GOD that I was going to survive so that I could live as I've never lived before and honour GOD and serve Him as His humble servant everyday and in exchange He would take me to Heaven where I would live forever infinitely throughout time.

I went to the hospital and had a stoma surgery. I had colon, ... surgery done. I had my life changed. At that time I was bragging I could go across the hall to use the washroom where I had to be assisted.

Now I have left my home, ...walked my dog one day. I have a wheel chair but I get the strength ... I

build it up, and when I build up the strength I can accomplish anything.

I used to have homecare workers come in to take care of me everyday. Now, I have no need ... I take care of myself. As far as I'm concerned I've never been so healthy. I own a wheelchair but... that doesn't mean that I'm disabled because I'm more enabled than I've ever been in my life. I gave my, ...my Heart and my Soul to GOD after my surgery and I asked to allow me to be His humble servant ... and in request of that, in turn GOD gave me the ability to write. An ability that I always wanted and I express my experiences, and I am here to tell you the TRUTH.

If you go back and watch my prior video, although I didn't think I was sick in it ... I know now I was very ill, but my spirit wasn't sick and my spirit survived and I survived along with it,... and for the price I paid, I would do it over again to get where I AM today, because it is worth it.

I sing Praises to the LORD FATHER, JESUS CHRIST, MOST HIGH JAH. Our Love, our Life our Breath, our Every Being ...I thank HIM and I will thank HIM all through Eternity.

I'd like to thank The Divine Order of Melchizedek for supporting me as friends, and my Family in Ohio for being there for me, and my Son and my Family who stuck with me through all the sadness, all the

sickness ...and helped me rise to where I AM today,  
and there is nowhere else to go. This is where I'll be  
forever.

Join us, we invite you to ascend, to know GOD, ...to  
take the responsibility of your Birthright serious.  
Give your life because ...HE GAVE YOU LIFE, use  
it, Love HIM, Thank HIM, Respect HIM, Thank  
You !

## **OUR LIVING, WALKING MIRACLE**

## ***References Used By Author***

*All Biblical quotes used in this book are from the King James Version Bible.*

### ***Quotes and notes:***

*“What is Truth” – is a reference from Urantia Book Paper 185*

*Quote from Critical Mass*

*Quote from Lao Tzu*

*Quote from Buddah*

*Quote from Galileo*

*Quote from Dr. Martin Luther King*

*Quotes from Bob Marley.*

### ***Chapter 1:***

*Luke 23:34 of the K.J.V. Bible*



## ***Chapter 2:***

*Dr. Winifred Grace Barton*

*Ancient Sacred Teachings of Men and Angels*

*Jason – Melchizedek*

*Thee Divine order of Melchizedek*

*Genesis II*

*The Urantia Book*

## ***Chapter 9:***

*Quote from mark Twain*

## ***Chapter 10:***

*Tool & references include: John Lennon, Bob Marley, Peter Tosh, New Order, Dr. Wayne Dyer.*

## ***Chapter 11:***

*Quote from Bob Marley*

### ***Chapter 13:***

*References to Cosmic Cube Circuit 1.4, 4.1, 4.3, 4.4 and The Great Invocation of The Living Cosmic Cube. The Author of The Living Cosmic Cube is Dr. Winifred Grace Barton.*

*Quote of The 1963 War Speech to The United Nations Assembly by Haile Selassie I and the Bob Marley Song War.*

### ***Chapter 15:***

*K.P.F.K.*

*El Shaddai Jerry Markham*

*Moses*

### ***Chapter 16:***

*Psalm 59:14*

*Exodus 13:3*

*Exodus 15:2*

## ***Chapter 17:***

*1 Peter 1:17*

*2 Peter 1:5*

*The Universal Creed of The Galactic federation of Light Forces.*

## ***Chapter 19:***

*Galations 6:1-10*

*Quote from The Cosmic Cube, Circuit 9.5, Author of The Cosmic Cube is Dr. Winifred Grace Barton.*

## ***Chapter 20:***

*Haile Selassie I's (King of king's) Birthday is July 23*

## ***Chapter 25:***

*Quote used from Urantia Book, Paper 148; The Life and Teachings of Jesus Christ*

*Christ Michael consciousness is in reference to the Behold: The Christ Michael Has Returned video.*

### ***Chapter 27:***

*Quote from The Family: Birthplace of Cosmic Citizens from  
urantia.org*

*Quote from Urantia Book Paper 167 Blessing the Little  
Children*

*Matthew 18:1-7*

### ***Chapter 28:***

*Quote from Urantia Book 102 The Foundations of Religious  
Faith*

### ***Chapter 29:***

*Quote from Urantia Book Paper 176 Tuesday Evening On  
Mount Olivet*

### ***Chapter 30:***

*The Cosmic Galactic Federation of Light Forces*

*Reference to Urantia Book Paper 94 Machiventa Melchizedek*

*Quote from Urantia Book Paper 122 The Birth and Infancy of Jesus*

### ***Chapter 31***

*Special Mention to James Brown in memorial and dedication.*

### ***Chapter 36:***

*Quote from The Cosmic Cube, Circuits 4.3 and 4.1. Author of The Cosmic Cube is Dr. Winifred Grace Barton*

### ***Chapter 39:***

*The Truth*

*Hebrews 12:6*

***Chapter 41:***

*John 15:15-18*

*Revelations 22: 7-21*

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